

Who Dis

拍數: 64 牆數: 2 級數: Phrased Improver
編舞者: Maya Sofia (INA) & Tina - June 2020
音樂: Who Dis? - SECRET NUMBER



Intro: 16 counts - No tag, No restart

A: 32 counts

Section 1: SIDE - TURN - FORWARD LOCK SHUFFLE - FORWARD - PIVOT- FORWARD LOCK SHUFFLE

1 - 2 Step R to side, 1/4 turn to L Step L forward & flick R
3 & 4 Step R forward, Lock L behind R, Step R Forward
5 - 6 Step L forward, Pivot 1/2 turn R Recover on R
7 & 8 Step L forward, Lock R behind L, Step L forward (3:00)

Section 2: TOUCH- KICK- CLOSE - TOUCH- KICK- CLOSE - TOUCH- TURN - TOUCH- FLICK

1 & 2 Touch R toe to side, Kick R forward, Step R next to L
3 & 4 Touch L toe to side, Kick L forward, Step L next to R
5 - 8 Touch R toe to side, Flick R, 1/4 turn to L Touch R toe to side, Flick R (12:00)

Section 3: CROSS SHUFFLE - SWEEP - CROSS - TOUCH- DIAGONALLY FORWARD LOCK SHUFFLE - DIAGONALLY FORWARD LOCK SHUFFLE

1 & 2 Cross R over L, Step L to side, Cross R over L
3 - 4 Sweep L from back to front & cross L over R, Touch R toe to side
5 & 6 1/8 turn to R Step R forward, Lock L behind R, Step R Forward (1:30)
7 & 8 1/4 Turn to L Step L forward, Lock R behind L, Step L forward (10:30)

Section 4: FORWARD - PIVOT - FORWARD LOCK SHUFFLE - BUMP

1 - 2 1/8 turn to R Step R forward (12.00), Pivot 1/2 turn L recover on L & Flick R
3 & 4 Step R forward, Lock L behind R, Step L behind R
5 - 8 Step L to Side & Bump left Hip to left (4X) (6:00)

B: 32 counts

Section 1: SIDE - TURN - CROSS - HOLD - CROSS - HOLD

1 - 4 Step R to side, Hold (Head Roll from L to R), 1/2 turn to right Step L to side, Hold
5 - 8 Cross R over L, Hold, Cross L over R, Hold (6:00)

Section 2: HIP ROLL, BODY ROLL

1 - 4 Step R to side, Hold (With Hip Roll from left back to right)
5 - 8 Body Bent Roll from left forward to right

Section 3: CROSS - HOLD - CROSS - HOLD - BUMP

1 - 4 Cross R behind L Hold, Cross L behind R Hold
5 - 8 Touch R toe to side & Bump left Hip to left (4X) (6:00)

Section 4: HIP ROLL, BODY ROLL

1 - 4 Step R to side, Hold (With Hip roll from left Back To right)
5 - 8 Body Bent Roll from left Forward to right