

All Of My Love

COPPER KNOB
STEPSHEETS

拍數: 80
編舞者: Paul Birbaumer - June 2020
音樂: All of My Love - Destiny & B.O.K

級數: Phrased Intermediate - Novelty



Intro: 16 Counts

Sequence: A, B, C, B, B, Tag, C, B, B, C, End

Part A:

NC Basic R, Forward Sweep R, Cross, Step Back L ¼ Turn R with ¼ Hitch Turn R, NC Basic R, Step Back L ¼ Turn R Sweep R ¼ Turn, Behind Side

1,2& RF Step right, LF Cross behind, RF Cross over LF
3,4& LF Step forward RF Sweep forward, RF Cross over LF, LF Step back ¼ Turn R (3:00) and ¼ Turn R while hitching RF (6:00)
5,6& RF Step right, LF Cross behind, RF Cross over LF
7,8& LF Step back ¼ Turn R (9:00) and ¼ Turn R Sweep RF back (12:00), RF Cross behind LF, LF Step side

Cross Sweep L, Cross, Step R, Cross, Sweep R, Cross, Step fwd L ¼ Turn L, ¾ Hitch Turn L, Step R, Drag, Step together

1,2& RF Cross over LF, LF Sweep forward, LF Cross over RF, RF Step side
3,4& LF Cross behind RF, Sweep RF back, RF Cross behind LF, LF Step forward ¼ Turn L (9:00)
5-6 ¾ Turn L while hitching RF (12:00)
7-8 RF Step side, Drag LF to RF (optional: Body makes a circle while dragging), LF Step together

Part B:

2x Walk fwd, Out, Out, In, Cross, ¾ Turn R Sweep R, Sailor Step R

1,2 RF Step forward, LF Step forward
&3&4 RF Out, LF Out, RF In, LF Cross over RF
5,6 ¾ Turn R, Sweep RF back (9:00)
7&8 RF Cross behind LF, LF Step together, RF Step Side and Snap R

Sailor Step L, Step fwd, Lock, ¾ Turn L

1&2 LF Cross behind RF, RF Step together, LF Step Side and Snap L
3,4 RF Step fwd, LF Lock behind RF and Snap R&L (optional: Body comes slithly down while snapping)
5-8 ¾ Turn L, Body opens up and L Arm goes up while turning (12:00) (finish with weight on LF)

Part C:

Step R, Touch, Step L, Touch, 2x Rumba Box, Mambo Step

1&2& RF Step side, LF Touch together, LF Step Side, RF Touch together
3&4 RF Step side, LF Step together, RF Step forward
5&6 LF Step side, RF Step together, LF Step forward
7&8 RF Step forward, LF Recover weight, RF Step backwards

2x Step back, Coaster Step L, Out, Out, In, In

1,2 LF Step back, RF Step back
3&4 LF Step back, RF Step together, LF Step forward
5-8 RF Out, LF Out, RF In, LF in

Step R, Touch, Step L, Touch, 2x Rumba Box, Mambo ½ Turn R

1&2& RF Step side, LF Touch together, LF Step Side, RF Touch together

- 3&4 RF Step side, LF Step together, RF Step forward
- 5&6 LF Step side, RF Step together, LF Step forward
- 7&8 RF Step forward, LF Recover weight, ½ Turn R and RF Step forward (6:00)

Lock Step L, 2xKick, Out, Out, In, In

- 1&2 LF Step forward, RF Lock behind, LF Step forward
- 3&4& RF Kick, RF Step together, LF Kick, LF Step together
- 5-8 RF Out, LF Out, RF In, LF In

4xToe Struts diagonal, Mambo Step R, Behind Side Cross

- 1&2& (4:30) RF Toe Strut Cross over LF, RF slap heel down, LF Toe Strut side, LF slap heel down
- 3&4& RF Toe Strut Cross over LF, RF slap heel down, LF Toe Strut side, LF slap heel down
- 5&6 RF Step forward, LF Recover weight, RF Step backwards
- 7&8 LF Cross behind RF, RF Step Side (6:00), LF Cross over RF (7:30)

2xHeel, Step fwd, Swivel, 4x Step back

- 1&2& RF Heel forward, RF Step together, LF Heel forward, Step together
- 3&4 RF Step forward, Swivel BF Right, Swivel BF Middle
- 5-8 RF Step backwards, LF Step backwards, RF Step backwards, LF Step together (6:00)

Special Ending:

½ Turn L 4xToe Struts

- 1,2 RF Toe Strut diagonal forward, RF slap heel down and snap (4:30)
- 3,4 RF Toe Strut forward, RF slap heel down and snap (3:00)
- 5,6 RF Toe Strut diagonal forward, RF slap heel down and snap (1:30)
- 7,8 RF Toe Strut forward, RF slap heel down and snap (12:00)

Step R, Hold, Arm Movements

- 1,2 RF Step side, Hold
- 3& Right Arm opens up, Left Arm opens up
- 4& Put R Hand in the shape of a half heart in front of the chest, Put L Hand in the shape of a half Heart in front of the chest (making a full heart together with both Hands)
- 5,6 push the heart away from the chest
- 7,8 pull the heart close to the chest

Tag: (6:00)

Step fwd, Arm Movement, Step L, Arm Movement, Hands to Shoulders, Arm Movement

- 1-4 RF Step forward while raising Right Arm, LF Step side while raising Left Arm
- 5 Left Hand to Right Shoulder and Right Hand to Left Shoulder
- 6 Left Hand to Left Shoulder and Right Hand to Right Shoulder
- 7-8 Raising both Arms

Step R, Drag, Arm Circle, Step fwd ¼ Turn L, Sweep R ¾ Turn

- 1-4 RF Step side, start Arm Circle with Right Arm, Dragging L to R, finishing Arm Circle with left
 - 5-8 LF Step forward ¼ Turn (3:00), Sweep RF forward ¾ Turn L (6:00)
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