Don't Start Now



拍數: 32 牆數: 4 級數: Improver

編舞者: Eun Mi Lim (KOR) - June 2020 音樂: Don't Start Now - Dua Lipa



Intro: 16 counts (app. 10 sec)

*2 Restarts: On wall 2 & 6 (all starts facing 9:00), after 16 counts, all restarts facing 6:00

Sec 1 Side Rock, Together, Side Rock, Forward Rock, Shuffle ½ L

| 1–2& | Rock R to right side, | Recover onto L. | Step R next to L |
|------|-----------------------|-----------------|------------------|
| | | | |

3–4 Rock L to L side, Recover onto R5–6 Rock forward on L, Recover onto R

7&8 Turn ¼ L stepping L to left side (9:00), Step R next to L, Turn ¼ L stepping L forward (6:00)

Sec 2 Jazz Box-Touch, Turn 1/4 L & Forward, Turn 1/2 L & Back, Back, Touch

| 1–2 | Cross R over L, Step back on L |
|-----|------------------------------------|
| 3–4 | Step R to R side, Touch L beside R |

5–6 Turn ¼ L stepping forward on L (3:00), Turn ½ L stepping back on R (9:00)

7–8 Step back on L, Touch R beside L

Sec 3 Touch & Hips Bump- Cross 2X, Touch, Kick

| 1&2 | Touch R to right side with hips bump to right, Hips bump left, Drop R heel to floor |
|------|---|
| 3–4& | Cross L over R, Touch R to right side with hips bump to right, Hips bump left |
| - 0 | |

5–6 Drop R heel to Floor, Cross L over R

7–8 Touch R beside L while bend at knees, Kick R Diagonally forward right

Sec 4 Behind, Side, Forward, Pivot ½ L, Forward (R-L), Pivot ½ R, Forward

1–2 Step R behind L, Step L to left side

3–4 Step forward on R, Turn ½ L weight onto L (3:00)

5–6 Step forward on R, Step forward on L

7–8 Turn ½ R weight onto R (9:00), Step forward on L

Enjoy Dancing Always!

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