

A Pirate Looks At 40

COPPERKNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Beginner
編舞者: Sophie Ruhling (FR) - June 2020
音樂: A Pirate Looks At Forty - Jack Johnson, Dave Matthews & Tim Reynolds



#32 count intro - NO TAG - NO RESTART

SECT.1 : ROCK STEP R FWD, TRIPLE STEP 1/2 TURN R, ROCK STEP L FWD, COASTER STEP L BACK

1-2 rock step R fwd, recover onto L
3&4 1/4 turn R step R, step L beside R, 1/4 turn R walk R (6.00)
5-6 rock step L fwd, recover onto R
7&8 back L, back R beside L, walk L

SECT.2 : SKATE R-L, TRIPLE STEP R FWD, STEP 1/2 TURN R, MILITARY 1/4 TURN R

1-2 step R to R diagonal with L sliding beside R (weight on R), step L to L diag with R sliding beside (weight on L)
3&4 walk R, walk L beside R, walk R
5-6 walk L, 1/2 turn R (weight on R) (12.00)
7-8 walk L, 1/4 turn R (weight on R) (3.00)

SECT.3 : WEAVE TO R, CROSS ROCK L OVER R, STEP L, CROSS ROCK R OVER L

1-2 cross L over R, step R to R
3-4 cross L behind R, step R to R
5-6 rock cross L over R, recover onto R
&7-8 step L in place, cross rock R over L, recover onto L

SECT.4 : TRIPLE STEP 1/2 TURN R, SIDE ROCK TO L, CROSS L, POINT R, 1/4 TURN R STEP R, POINT L, STEP L

1&2 1/4 turn R step R to R side, step L beside R, 1/4 turn R walk R (9.00)
3-4 rock step L to L side, recover onto R
5-6 cross L over R, point R to R side
&7-8 1/4 turn R step R in place, point L to L side, step L in place (12.00)

SECT.5 : STEP R TO R, STEP L BESIDE, STEP R TO R, TOUCH L, STEP L TO L, STEP R BESIDE, STEP L TO L, TOUCH R

1-2 step R to R side, step L beside R
3-4 step R to R side, touch L beside R (option 1-2-3-4: wave your arms to L like a wahine)
5-6 step L to L side, step R beside L
7-8 step L to L side, touch R beside L (option 5-6-7-8: wave your arms to R like a wahine)

SECT.6 : ROCKING CHAIR R, PADDLE 1/4 TURN L X2

1-2 rock step R fwd, recover onto L
3-4 rock step R back, recover onto L (with L slightly to L diagonal)
5-6 1/4 turn L step R to R side, step L to L side (slightly to L diag) (9.00)
7-8 1/4 turn L step R to R side, step L to L side (6.00) (option 5-6-7-8: wave your arms to R like a wahine)

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