

Inogda

拍數: 32 牆數: 4 級數: Improver
編舞者: mBah Wir (INA) - June 2020
音樂: Алсу - Иногда (Alsou - Inogda)



Start dance on lyrics

S1: PRISSY WALK, FORWARD ROCK, RECOVER, ½ RIGHT FORWARD LOCK SHUFFLE

1-4 Step R forward cross over L (1), Hold (2), Step L forward cross over R (3), Hold (4)
5-6 Rock R forward (5), Recover on L (6)
7&8 Make ½ R turn step R forward (7), Lock L behind R (&), Step R forward (8) 06.00

S2: PIVOT ¼ LEFT TURN, CROSS SHUFFLE, ¼ LEFT BACK, ¼ LEFT SIDE, CROSS OVER, SIDE

1-2 Step L forward (1), Pivot ¼ R turn (2) 09.00
3&4 Cross L over R (3), Step R to side (&), Cross L over R (4)
5-6 Make ¼ L turn step R back (5), Make ¼ L turn step L to side (6) 03.00
7-8 Cross R over L (7), Step L to side (8)

***Restart here on wall 12**

S3: BACK ROCK, RECOVER, PIVOT ¼ LEFT, CROSS ROCK, RECOVER, SIDE ROCK, RECOVER

1-4 Rock R back (1), Recover on L (2), Step R forward (3), Pivot ¼ L turn (4) 12.00
5-6 Cross rock R over L (5), Recover on L (6)
7-8 Rock R to side (7), Recover on L (8)

S4: BACK ROCK, RECOVER, PIVOT ¼ LEFT, CROSS OVER, TURN ¼ RIGHT, TURN ¼ RIGHT, CROSS OVER

1-2 Rock R back (1), Recover on L (2)
3-4 Step R forward (3), Pivot ¼ L turn (4) 09.00

***Restart here on wall 9**

5-6 Cross R over L (5) , Make ¼ R turn step L back (6) 12.00
7-8 Make ¼ R turn step R to side (7), Cross L over R (8) 03.00

Begin Again

* Restart during wall 9 after 28 counts. Dance facing 9.00 o'clock
* Restart during wall 12 after 16 counts. Dance facing 6.00

For further questions about this dance please contact me at: gieprod@yahoo.com

Last Update - 8 July 2020 - R2