

Hey Rosalie

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: High Beginner
編舞者: Maite Alemany (ES) & Maria Jesús Osuna (ES) - May 2020
音樂: Hey Rosalie - Micke Muster : (Album: Rock'n roll Super Collection Volym1,2003)



Step sheet : M^a Jesús Osuna

Sequence : intro

32 – 32 – tag
32 – 32 – tag
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32 – 32 – tag
32 – 32 – 32 – 28

Intro : 16 beats

[1-8] [CHASSE- ROCK BACK] x2 (R – L)

1&2 Step right to the right side, left next to right, step right to the right side
3-4 Step left back, recover on right
5&6 Step left to the left side, right next to left, step left to the left side
7-8 Step right back, recover on left

[9-16] [TOE BACK – SCUFF – CROSS – HOLD] x2 (R – L)

1-2 Touch right toe back, scuff right
3-4 Right crossed over left, hold
5-6 Touch left toe back, scuff left
7-8 Left crossed over right, hold

[17-24] ROCK FWD (R) – ½ TURN R – HOLD – ROCK FWD (L) – COASTER STEP

1-2 Step right forward, recover on left
3-4 ½ turn right stepping right forward, hold (06.00)
5-6 Step left forward, recover on right
7&8 Step left back, step right beside left, step left forward

[25-32] DOUBLE KICK FWD (R) – FUNKY ROCK – MILITARY TURN

1-2 Double kick right forward
3-4 Step right back accompanied by ¼ turn right of body and head and at the same time we
 make a shift

to the left side of left heel, recover weight and position on left foot

5-6 Step right forward, ½ turn left
7-8 Step right forward, ½ turn left

START AGAIN

TAG: At the end of the walls 2,4,6,8,10 and 12 we Will add the 4 steps:

[1-4] STEP FWD (R) – TOGETHER- DOUBLE HEEL BOUNCES

1-2 Step right forward, step left beside right
&3&4 With weight on both balls raise heels up, drop heels down, raise heels up, drop heels down

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