6 Ribbons



拍數: 48

牆數: 2 級數: Easy Intermediate waltz

編舞者: Cathy Dacumos (USA) & Claudio Dacumos (USA) - March 2020

音樂: Six Ribbons - Jon English : (Album: 6 Ribbons - The Ultimate Collection)



Section 1: Step forward, sweep, cross-side-behind (12 o'clock)

- 1-2-3 Step left foot forward slightly across right foot, sweep right foot around to front over 2 counts
- 4-5-6 Step right foot across in front of left, step left foot to left side, cross right foot behind left

Section 2: Side-drag-touch, turn 1 ¼ right (12 to 3 o'clock)

- 1-2-3 Take big step to left side, drag right foot toward left, touch right foot next to left as upper body twists left to prepare for right turn
- 4-5-6 Turn ¼ right stepping forward on right foot, turn ½ right stepping back on left foot, turn ½ right stepping forward on right foot

(Less turning option for 4-5-6: after ¼ turn right, step forward with left foot then forward with right foot)

Section 3: Forward, point, hold, back, point, hold (3 o'clock)

- 1-2-3 Step forward on left foot, point right foot to right side, hold for one count
- 4-5-6 Step back on right foot, point left foot to left side, hold for one count

Section 4: Left sailor step, cross right behind, unwind ³⁄₄ turn right (3 to 12 o'clock)

- 1-2-3 Step left foot behind right foot, rock right foot to right side, rock left foot to left side
- 4-5-6 Cross right foot tightly behind left foot, unwind ³⁄₄ right turn over 2 counts, weight ends on right foot

(Restart here on walls 4 and 7)

Section 5: Side rock, recover, cross, side-behind-side (12 o'clock)

- 1-2-3 Rock left foot to left side, recover onto right foot, cross left foot in front of right foot
- 4-5-6 Step right foot to right side, cross left foot behind right foot, step right foot to right side

Section 6: Cross rock, recover, 1 1/2 rolling turn left (12 to 6 o'clock)

- 1-2-3 Cross rock left foot in front of right foot, recover onto right foot, turn ¼ left stepping left foot forward
- 4-5-6 Turn ½ left stepping back on right foot, turn ½ left stepping forward on left foot, turn ¼ left stepping right foot to right side

(Less turning option for 4-5-6: Step right foot forward, step left foot forward, turn ¼ left stepping right foot to right side)

Section 7: Rock behind, recover, side, behind-side-cross (6 o'clock)

- 1-2-3 Rock left foot behind right foot, recover onto right foot, step left foot to left side
- 4-5-6 Cross right foot behind left foot, step left foot to left side, cross right foot in front of left foot

(On wall 2, add 3 count tag here and then restart the dance facing 12 o'clock)

Section 8: Step forward, kick, right coaster step (6 o'clock)

- 1-2-3 Step left foot forward to slight left diagonal, kick right foot forward over 2 counts
- 4-5-6 Step right foot back, step left foot next to right squaring up to back wall, step right foot forward to very slight right diagonal

Tag & Restart: Near the end of Wall 2, drop the last 6 counts (section 8) and replace with the following 3 count tag:

1-2-3 Rock left foot out to left side, recover onto right foot, drag left foot towards right foot (weight stays on right)



Then restart the dance facing 12 o'clock.

Restarts: In the middle of Wall 4 and Wall 7. Restart after 24 counts (after section 4) You will be facing 6 o'clock both times this happens.

NOTE: Each time you finish a front wall and begin at the back wall, you will have a restart. The first, on Wall 2 is dropping the last 6 counts, adding a 3 count tag, and restarting at the front. The next 2 times you begin a back wall after completing a front wall, you will restart facing the back after 24 counts.

Contact: (cch3@att.net)