Let's Yodel

拍數: 32

級數: Improver

編舞者: Katherine Lee (SG) - June 2020

音樂: The Cowboy Yodel - Cliona Hagan

* For our stay home friends with space constraint at home.*

No Tag No Restarts - (1 or 2 walls)

Starts with our Left Foot.

S1: 4x forward shuffles making a full left turn

1&23&4	LF ¼ L-turn forward shuffle (9:00), RF ¼ L-turn forward shuffle (6:00),
5&67&8	LF ¼ L-turn forward shuffle (3:00), RF ¼ L-turn forward shuffle (12:00)

S2: Vine with touch and clap

- 1234 LF side, RF cross behind LF, LF side, RF touch next to LF + clap,
- 5678 RF side, LF cross behind RF, RF side, LF touch next to RF + clap.

S3: Vaudeville (LF/RF), (forward, pivot ½ Right turn) x2

- 1&2& LF cross, RF side, LF touch heel forward diagonal, LF ball,
- 3&4& RF cross, LF side, RF touch heel forward diagonal, RF ball,
- 5678 LF forward, pivot 1/2 R-turn x 2 (12:00>6:00>12:00)

Option: for 2 wall dances (count 5678 change to ¼ Right Paddle-turn x2) 12:00>6:00

S4: Rock forward, back shuffle, rock back with kick, flick back, forward shuffle

- 123&4 LF rock forward, RE recover, LF back, RF together, LF back,
- 567&8 RF rock back with LF low kick forward, LF recover with RF flick back, RF forward, LF together, RF forward.

Keep Active! Keep Dancing! HappyfitLDG2020@hotmail.com





牆數: 1