

# Better Off - IMP

**COPPER** KNOB  
STEPPERS

拍數: 32                      牆數: 4                      級數: Improver  
編舞者: Doreen Post (USA) & DiAnne Genrich (USA) - May 2020  
音樂: Better Off - Trace Adkins



## **BASIC R, BASIC L, ¼ TURN, BASIC R, BASIC L**

1, 2&                      Step R large step to side, Step L slightly behind R, Step on R  
3, 4&                      Step L large step to side, Step R slightly behind L  
5, 6&                      ¼ Turn, Step R large step to side, Step L slightly behind R, Step on L  
7, 8&                      Step L large step to side, Step R slightly behind L, Step on L

## **STEP BACK R, TOUCH L TOE, STEP BACK L, TOUCH R TOE, LOCKSTEP BACK R, COASTER STEP L**

1,2                      Step Back R, Touch L Toe  
3,4                      Step Back L, Touch R Toe  
5& 6                      Step back on R foot, Step L foot in front of R, Step back on R foot, Touch R toe  
7& 8                      Step L foot back, Step R foot back next to L, Step forward on L

## **BASIC R, BASIC L, ¼ TURN, BASIC R, BASIC L**

1, 2&                      Step R large step to side, Step L slightly behind R, Step on R  
3, 4&                      Step L large step to side, Step R slightly behind L  
5, 6&                      ¼ Turn, Step R large step to side, Step L slightly behind R, Step on L  
7, 8&                      Step L large step to side, Step R slightly behind L, Step on L

## **SWAY R,L,R,L, HEEL FANS OUT IN OUT IN**

1,2,3,4                      Sway R, L, R, L  
5,6,7,8                      Heel Fan Out, In, Out, In

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June 2020