

All You Really Need Is Love (Warm-up)

拍數: 32

牆數: 1

級數: Beginner (Before Training. Warm-Up)



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音樂: All You Really Need Is Love

S1: GALLOPING STEP X4, L X4

1&2& RF Step R(1), LF Step Side(&), RF Step R(2), LF Step Side(&)
3&4 RF Step R(3), LF Step Side(&), RF Step R(4)
5&6& LF Step L(5), RF Step Side(&), LF Step L(6), RF Step Side(&)
7&8 LF Step L(7), RF Step Side(&), LF Step L(8)

S2: JAZZBOX HOPPING STEP X2

1-2 RF Cross Over(1), LF Step Backwards(2)
3-4 RF Step R Side(3), LF Step Together(4)
5-6 RF Cross Over(5), LF Step Backwards(6)
7-8 RF Step R Side(7), LF Step Together(8)

S3: FORWARD SHUFFLE HOPPING R, L, R, L

1&2 RF Step Forward(1), LF Cross Behind(&), RF Step Forward(2)
3&4 LF Step Forward(3), RF Cross Behind(&), LF Step Forward(4)
5&6 RF Step Forward(5), LF Cross Behind(&), RF Step Forward(6)
7&8& LF Step Forward(7), RF Cross Behind(&), LF Step Forward(8), LF Slip Backwards with RF Hitch(&)

S4: BACKWARDS HOPPING STEP X6, CLAP X3

1&2& RF Step Backwards(1), RF Slip Backwards with LF Hitch(&), LF Step Backwards(2), LF Slip Backwards with RF Hitch(&)
3&4& RF Step Backwards(3)RF Slip Backwards with LF Hitch(&), LF Step Backwards(4), LF Slip Backwards with RF Hitch(&)
5&6 RF Step Backwards(5), RF Slip Backwards with LF Hitch(&), LF Step Together(6)
7&8 Clap(7), Clap(&), Clap(8)
