

Mas Que Nada Samba Ld

拍數: 0 牆數: 0 級數:
編舞者: Tri Artiyanti (INA), Wina (INA) & Nuri (INA) - June 2020
音樂: Mas Que Nada - Nossa



Tag 1 = Intro
Tag 2 after W 6

Tag : 32 C

I. SIDE MAMBO R-L, CROSS BACK MAMBO R-L

1&2 Step R to R side, step L in place, Close R to L
3&4 Step L to L side, step R in place, close L to R
4&5 R Cross back L, step L in place, step R besides L
7&8 L cross back R, step R in place, step L besides R

II. STEP SIDE R, STEP SIDE L, V STEP, HIP BUMP R-L

1-2 Step R side to right, step L side to left
3-4 step R forward diag right, step L forward diag left
5-6 step R back to center, step L back to center
7-8 hip bump R, hip bump L

III. BASIC SAMBA DIAGONAL FORWARD, BASIC SAMBA TO SIDE, FORWARD MAMBO, COASTERSTEP

1 a 2 Step R diagonal forward, Step L together, Step R in place
3 a 4 Step L to side, step R together, Step L in place
5 & 6 Step R Forward, Recover on L, Step R together
7 & 8 Step L back, step R together, Step L forward

IV. BASIC SAMBA R-L, BASIC SAMBA FORWARD-BACK

1 a 2 Step R to R side, close L to R, step R in place
3 a 4 Step L to L side, close R to L, step L in place
5 a 6 Step R forward, close L to R, step R in place
7 a 8 Step L back, close R to L, step L in place

Main Dance

I. SAMBA WHISK, BOTTAFOGO TURN 1/4 R, CROSS SHUFFLE

1 a 2 step R to side, Rock L behind R, recover on R
3 a 4 step L to side, rock R behind L, recover on L
5 & 6 Turn 1/4R cross R over L, Ball of L, Step R in place
7 & 8 L cross over R, Step R to Side, L cross over R

II. V STEP, BACK WALK (WITH SHIMMY)

1 - 2 Step R diagonal forward, Step L diagonal forward
3 - 4 R back to centre, Close L beside R
5 - 6 Step R back, Step L back
7 - 8 Step R back, Step L back

Restart on Wall 2 & 5

III. KICK FORWARD, SIDE KICK, SAILOR 1/4 R, KICK FORWARD, SIDE KICK, SAILOR 1/4 L

1-2 R Kick Forward, R side kick
3&4 R cross behind L, step L to L side, step R to R side
5-6 L kick forward, L side kick
7&8 L cross behind R, step R to R side, step L to L side

IV. SIDE MAMBO RL, SIDE CLOSE RL

1&2 Step R to R side, Step L in place, R close to L
3&4 Step L to L side, Step R in place, L close to R
5-6 Step R to R side, L close to R
7-8 Step L to L side, R close to L

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