

La Mala Salsa

拍數: 32 牆數: 4 級數: Improver
編舞者: Chika Hapsari (INA) & Roosamekto Mamek (INA) - June 2020
音樂: La Mala Y La Buena (feat. Gente de Zona) - Alex Sensation



Intro: 32 count

S1. CROSS ROCK, SIDE ROCK, BEHIND, SIDE, CROSS, HITCH, CROSS SHUFFLE, SIDE, HINGED TURN 1/2 LEFT

1&2& Cross/Rock R over L – Recover on L – Rock R to side – Recover on L (12:00)
3&4& Cross R behind L – Step L to side – Cross R over L – Hitch L knee up
5&6& Cross L over R – Step R to side – Cross L over R - Step R to side
7&8 Cross L over R – Turn 1/4 left step R back – Turn 1/4 left step L to side (6.00)

S2. CROSS ROCK, SIDE STEP, CROSS SHUFFLE, HINGED TURN 1/4 LEFT, SIDE MAMBO

1&2 Cross/Rock R over L – Recover on L – Step R to side (6:00)
3&4 Cross L over R – Step R to side – Cross L over R
5&6 Turn 1/4 L step R back – Step L to side slightly close to R – Cross R over L (3:00)
7&8 Rock L to side – Recover on R – Step L together (3:00)

S3. CROSS, BACK, SIDE CHASSE, CROSS ROCK, SIDE STEP, CROSS SHUFFLE

1-2 Cross R over L – Step L slightly back (3:00)
3&4 Step R to side – Step L together – Step R to side
5&6 Cross/Rock L over R – Recover on R – Step L to side
7&8 Cross R over L – Step L to side – Cross R over L (3:00)

S2. SIDE MAMBO (L & R), PIVOT 1/2 TURN RIGHT, SIDE MAMBO

1&2 Rock L to side – Recover on R – Step L together (3:00)
3&4 Rock R to side – Recover on L – Step R together
5-6 Step L forward – Turn 1/2 right (9:00)
7&8 Rock L to side – Recover on R – Step L together (9:00)

REPEAT

TAG: 4 COUNT : End of wall : 1, 3, 6, 8

1-4 Step R to side bump hips to right - Rolled hips anticlockwise within 3 count (end with weight on L)

ENDING : On of wall 10 change count 7&8 in S. 4 to this step below

7-8 Step L forward – Turn 1/2 right

For more info about step sheet & song, please contact:

Chika : hapsari.chika@gmail.com

Mamek : Roosamekto.Nugroho@gmail.com