

Como No

拍數: 32 牆數: 2 級數: High Beginner
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音樂: Cómo No (feat. Becky G) - Akon



Intro: 16 count

(1-8) 1/2 Rumba Box 2X, Fwd Mambo, Walk Back

1&2 Step RF to R, Close LF next to RF, Step RF Fwd
3&4 Step LF to L, Close RF next to LF, Step LF Fwd
5&6 Rock RF Fwd, Recover onto LF, Close RF next to LF
7&8 Walk Back LRL

(9-16) Samba Whisk 2X, Volta 3/4 Turn

1&2 Step RF to R, Rock LF back, Recover onto RF
3&4 Step LF to L, Rock RF back, Recover onto LF
5&6& Make 1/4 Turn R Stepping RF Fwd, Close LF Next to RF, Make 1/4 Turn R Stepping RF Fwd, Close LF Next to RF
7&8 Make 1/4 Turn R Stepping RF Fwd, Close LF Next to RF, Step RF Fwd (9.00)

(17-24) Cross, Side, Together (2X), Volta

1&2 Cross LF over RF, Step RF to R, Close LF next to RF (Body angling diagonal)
3&4 Cross RF over LF, Step LF to L, Close RF next to LF (Body angling diagonal)
5&6& Cross LF over RF, Step RF to R, Cross LF over RF, Step RF to R
7&8 Cross LF over RF, Step RF to R, Cross LF over RF

(25-32) Touch 2X, Botafogo, 1/4 L Turn, Walk 2X

1 2 Touch RF over LF, Touch RF Back Diagonal R
3&4 Cross RF over LF, Rock L Ball to L, Recover onto RF
5&6 Cross LF over RF, Make 1/4 Turn L Stepping RF back (6.00)
7 8 Walk Fwd RL

Modified Restart :

On Wall 4, 7, 8 do 16 count with a Volta full Turn and add a "&" count Closing LF next to RF then Restart from beginning

5&6& Make 1/4 Turn R Stepping RF Fwd, Close LF Next to RF, Make 1/4 Turn R Stepping RF Fwd, Close LF Next to RF
7&8 & Make 1/4 Turn R Stepping RF Fwd, Close LF Next to RF, Make 1/4 Turn R Stepping RF Fwd, Close LF Next to RF

Happy Dancing!