

Laxed

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Andrico Yusran (INA) - June 2020
音樂: Jawsh 685 - Laxed (SIREN BEAT)



Restart : On wall 2 after 16 counts

Start Dance after intro music 16 counts

S1# ROCKING CHAIR (MODIFIED) - SIDE TOUCH - CROSS SHUFFLE - SIDE (SWAY)

1&2& Step R forward , L in place , R back , L in place
3-4 R forward , L side touch
5&6 L cross over R , R side , L cross over R
7-8 R side with sway to R , L sway to L

S2# CROSS BEHIND - SIDE - CROSS - SIDE - CLOSE - FORWARD - JAZZ BOX 1/4

1&2 Step R cross behind L , L side , R cross over L
3&4 L side , R close beside L , L forward
5-8 R cross over L , L back , R 1/4 turn to R , L forward

(Restart here on wall 2)

S3# FLICK - SIDE - BODY ROLL - FLICK - SIDE - BODY ROLL

&1&2 R back heel up , R side with elbow open to L , L back heel up , L side with elbow to R
3-4 Making Body Roll
&5&6 L back heel up , L side with elbow open to R , R back heel up , R side with elbow open to L
7-8 Making Body Roll

S4# WALK FORWARD - TOUCH FORWARD - HITCH - BACK - HITCH - BACK - HITCH - BACK - COASTER STEP

1-2 R - L walk forward
3&4 R touch forward , R knee up , R back
&5&6 L knee up , L back , R knee up , R back
7&8 L back , R close beside L , L forward

TAG: 4 COUNTS after wall 4

BODY WAVE - CLOSE TOUCH

1-4 R side with body wave , R close touch beside L

Enjoy The Dance

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