In Dreams

拍數: 32

級數: Absolute Beginner

編舞者: Yvonne (Krause) Halsey (USA) - June 2020

音樂: In Dreams - Roy Orbison

Music starts out very slow. Start on the word, EYES apprx. 20 seconds in. #1 Easy Tag at the end of the fourth time around.

[1-8] NIGHTCLUB STEPS RIGHT & LEFT

- 1-4 Step right foot to right side and hold, rock left behind right, rock forward onto right.
- 5-8 Step left foot to left side and hold, rock right behind left, rock forward onto left.

[9-16] SIDE TOUCH, SIDE TOUCH, STEP TOGETHER STEP W/1/4 RIGHT

- 1-4 Step right to right side, touch left next to right, step left to left side, touch right next to left.
- 5-6 Step right to right side, step left next to right.
- 7-8 Step forward on right as you step into a 1/4 turn right and hold. (3:00)

[17-24] LEFT ROCKING CHAIR, PIVOT ¼ RIGHT

- Rock forward on left, rock back on right, rock back on left, rock forward on right. 1-4
- 5-8 Step forward on left, pivot ¼ turn right, step slightly forward on left and hold. (6:00)

[25-32] REVERSE RUMBA BOX

- 1-4 Step right to right side, step left next to right, step back on right and hold.
- 5-8 Step left to left side, step right next to left, step forward on left and hold.

#1 TAG: This four-count tag will come at the end of the fourth time around facing 12:00. Do a slow sway right for count 1-2 and a slow sway left for count 3-4 then start over.

May You Always Dance Like No One Is Watching Contact: ykrause@yahoo.com





牆數:2