

Girls Night Out

COPPER KNOB
STEPSHEETS

拍數: 52 牆數: 2 級數: Phrased Intermediate
編舞者: Yvonne Sevre (NOR) & Mona A. Schützer (NOR) - June 2020
音樂: Girls Night Out - Hilljacks : (Spotify and Tidal)



Intro: 8 counts - Tag: 4& counts (after part B)
Sequence: A-A-A*-B-Tag-A-A-A*-B-B-Tag-A-A-A*-B-B-B
A* = 16 counts

Part A: 20 counts

Section 1(1-8): Kick,weave left,touch, heel switches, ¼ right turn Monterey

1&2& Kick RF diagonal right - Cross RF behind LF – step LF to left - Step RF in front of LF
3&4& Step LF to left – Cross RF behind LF – step LF to left - touch RF next to LF
5&6& Touch R heel forward - step RF next to LF (weight on R) - touch L heel forward - step LF next to RF
7&8& Point R to R side - turn ¼ R as you step R next to L - point L to L side – step LF next to RF

Section 2(9-16): Step,pivot ½ left, step,pivot ¼ left,V-step

1 – 4 Step RF forward - turn ½ left(weight on LF) – step RF forward - turn ¼ left(weight on LF)
5 – 8 Step RF right diagonal – step LF left diagonal – step RF back in place – step LF back in place

Section 3(17-20): touch,kick,touch *

1 – 2 Step RF to right – step LF behind RF
&3&4& Step RF to right – cross LF in front of RF – touch RF next to LF - Kick RF right diagonal – touch RF next to LF

*(-) =Don't dance section 3 before PART B.

Part B: 32 counts

Section 1(1-8): Step-lock-step right, step-lock-step left,vaudevilles

1&2 Step RF forward – lock LF behind RF – step RF forward
3&4 Step LF forward – lock RF behind LF – step LF forward
5&6& Cross RF over LF, step LF to left, touch right heel forward to right diagonal, close RF to LF
7&8& Cross LF, over RF, RF to right, touch left heel forward to left diagonal, close LF to RF

Section 2(9-16): Rocking chair, press rock, hitch, walk back x2, coaster step

1&2& Rock forward with RF – recover onto LF – rock backwards with RF – recover onto LF
3&4 Rock and press forward with RF – recover onto LF – Hitch RF and step back
5 – 6 Walk Back L – R
7&8 Step back with LF – step RF next to LF – step forward with LF

Section 3(17-24): Step-lock-step, step, pivot ½ right,full turn left,step, step-lock-step

1&2 Step RF forward – lock LF behind RF – step RF forward
3&4 Step forward with LF – pivot ½ turn over right shoulder – step forward with LF
5&6 Turn ½ left when step back with RF- turn ½ left when step forward with LF – step forward with RF
7&8 Step LF forward – lock RF behind LF – step LF forward

Section 4(25-32): Rock forward, rock side, behind,side,cross, toe-heel-step, rock side, touch

1&2& Rock forward with RF – recover onto LF – rock RF to right – recover onto LF
3&4 Step RF behind LF – step LF to left – cross RF in front of LF
5&6 Touch L toe next to RF – touch L heel next to RF – cross LF in front of RF
7&8 Rock RF to right – recover onto LF – touch RF next to LF

Tag: 4& counts

Step, pivot ½, step, pivot ½, touch

1 – 2 Step forward with RF – pivot ½ over left shoulder (weight on LF)

3 -4& Step forward with RF – pivot ½ over left shoulder (weight on LF) – touch RF next to LF

Option: At the end of the dance unwind/turn over right shoulder, so you face the front wall.

Smile, enjoy and take care everybody

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