

I Know

拍數: 32 牆數: 4 級數: Beginner
編舞者: Hiroko Carlsson (AUS) - June 2020
音樂: I Know (You Don't Love Me No More) - Barbara George



(16 counts intro)

[S1] V Step, Fwd Rock, 1/4R Fwd, Hold

1 2 3 4 V step – R out, L out, R in, L in
5 6 Rock forward on R, Recover weight on L
7 8 Make a 1/4 turn right stepping forward on R, Hold (3:00)

[S2] Rocking Chair, Fwd Rock, 1/2L Fwd w/ Scuff

1 2 3 4 Rock forward on L, Recover weight on R, Rock back on L, Recover weight on R
5 6 Rock forward on L, Recover weight on R
7 8 Make a 1/2 turn left stepping forward on L, Scuff forward on R (9:00)

[S3] Weave L, Cross Rock-Side w/ Hitch

1 2 3 4 Cross R over L, Step L to the side, Step R behind L, Step L to the side
5 6 Rock R across over L, Recover weight on L
7 8 Step R to the side, Hitch L knee across over R (9:00)

[S4] Rumba Box Switch

1 2 3 4 Step L to the side, Step R next to L, Step forward on L, Touch R next to L
5 6 7 8 Step R to the side, Step L next to R, Step back on R, Step L together (switch weight on L)
(9:00)

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
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