

Beautiful Girl

拍數: 48 牆數: 1 級數: Phrased Easy Intermediate
編舞者: Julee Hansel (INA) - May 2020
音樂: Beautiful Girl - Fadlan Arif : (Jose Mari Chan Cover)



Dance Order: A B – restart – A B – restart – A A B – restart – A A B – A with ending

No Tag

Restart: 3 times after wall 1, 2, 3 (after 42 counts)

Dance is started after 8 counts, on lyric

SEQUENCE A (24 Counts)

Section 1: Basic Night Club (2x)

1 – 3 Step R to side, slightly step L behind R, cross R over L
4 – 6 Step L to side, slightly step R behind L, cross L over R

Section 2: Turn-Sweep, Cross Behind-Step to Side, Turn-Lunge, Recover-Turn

1 – 3 Turn $\frac{1}{4}$ to left & step backward on R while sweeping L (9.00), step L behind R, step R to side
4 – 6 Turn $\frac{1}{8}$ to right & lunge forward on L (10.30), recover on R, turn $\frac{3}{8}$ to left & step forward on L (6.00)

Section 3: Unwind, Step Forward (2x), Lunge, Recover, Step Backward

1 – 3 Cross R over L & fully turning on ball, step forward on L, step forward on R
4 – 6 Lunge forward on L, recover on R, step backward on L

Section 4: Turn, Sway (2x), Turn-Sweep, Cross, Step-Touch

1 – 3 Turn $\frac{1}{4}$ to right & step R to side with sway (9.00), recover on L with sway, turn $\frac{1}{4}$ to right & step R in place while sweeping L (12.00)
4 – 6 Cross L over R, step R next to L, touch L next to R

Note: when the dance order is stated as A A, there will be change movements on the counts of 5 & 6 as follow:

5-6 Touch R next to , hold

SEQUENCE B (24 Counts)

Section 1: Basic Night Club (2x)

1 – 3 Step L to side, slightly step R behind L, cross L over R
4 – 6 Step R to side, slightly step L behind R, cross R over L

Section 2: Turn-Sweep, Cross Behind-Step to Side, Turn-Lunge, Recover-Turn

1 – 3 Turn $\frac{1}{4}$ to right & step backward on L while sweeping R (3.00), step R behind L, step L to side
4 – 6 Turn $\frac{1}{8}$ to left & lunge forward on R (1.30), recover on L, turn $\frac{3}{8}$ to right & step forward on R (6.00)

Section 3: Unwind, Step Forward (2x), Lunge, Recover, Step Backward

1 – 3 Cross L over R & fully turning on ball, step forward on R, step forward on L
4 – 6 Lunge forward on R, recover on L, step backward on R

Note: when restart is applied here there will be a change movement on the count of 6 as follows:

6 touch R next to L

Restart will be held after on wall 1, 2, 3

Section 4: Turn, Sway (2x), Turn-Sweep, Cross, Step-Touch

1 – 3 Turn ¼ to left & step L to side with sway (3.00), recover on R with sway, turn ¼ to left & step L in place while sweeping R (12.00)

4 – 6 Cross R over L, step L next to R, touch R next to L

Note: On the last wall, do some movement changes in sequence A after 12 counts as an ENDING.

ENDING

Phared A (Section 3)

1 – 2 Cross R over L & fully turning on ball, step forward on L

3 – 4 Cross R over L & fully turning on ball, step forward on L

5 – 6 Cross R over L & turning 1/2 to left, hold

Happy Dancing

Life is Beautiful

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