

Just One Look

拍數: 64 牆數: 4 級數: Improver
編舞者: Yvonne Krause (USA) - May 2019
音樂: Just One Look - Doris Troy



[1-8] STEP HOLD & STEP HOLD &, ROCK RECOVER, COASTER STEP

1-2& Step forward on right and hold, step left next to right.
3-4& Step forward on right and hold, step left next to right
5-6 Rock forward on right, recover onto left.
7&8 Step back on right, step left next to right, step forward on right.

[9-16] STEP HOLD & STEP HOLD &, ROCK RECOVER, COASTER STEP

1-2& Step forward on left and hold, step right next to left.
3-4& Step forward on left and hold, step right next to left.
5-6 Rock forward on left, recover onto right.
7&8 Step back on left, step right next to left, step forward on left.

[17-24] TWO 1/4 TURN MONTEREY STEPS

1-2 Touch right foot to right side, on ball of left make ¼ turn right stepping right beside left.
3-4 Touch left foot to left side, step left beside right.
5-6 Touch right foot to right side, on ball of left make ¼ turn right stepping right beside left.
7-8 Touch left foot to left side, step left beside right. (6:00)

[25-32] SHUFFLE FORWARD, PIVOT 1/2, SHUFFLE FORWARD, PIVOT 1/2

1&2 Shuffle forward by stepping right, left, right.
3-4 Step forward on left and pivot ½ turn right. (12:00)
5&6 Shuffle forward by stepping left, right, left.
7-8 Step forward on right and pivot ½ turn left. (6:00)

[33-40] JAZZ BOX W/WEAVE

1-4 Cross right over left, step back on left, step right to right side, cross left over right.
5-8 Step right to right side, step left behind right, step right to right side, cross left over right.

[41-48] SIDE ROCK, CROSSING SHUFFLE, SIDE ROCK, CROSSING SHUFFLE

1-2 Rock right to right side, recover onto left.
3&4 Cross right over left, step left to left side, cross right over left.
5-6 Rock left to left side, recover onto right.
7&8 Cross left over right, step right to right side, cross left over right.

[49-56] GRAPEVINE, ROCK RECOVER, 1/4 TURN LEFT, WALK WALK

1-3 Step right to side, step left behind right, step right to right side.
4-5 Rock forward on left, rock back on right
6-8 Step into a ¼ turn left, walk right, walk left. (9:00)

[57-64] REVERSE RUMBA BOX

1-4 Step right to right side, step left next to right, step back on right & hold.
5-8 Step left to left side, step right next to left, step forward on left & hold.

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