Caution



拍數: 32 牆數: 4 級數: Improver

編舞者: Jo Myers (UK) - May 2020

音樂: Caution (Radio Edit) - The Killers: (amazon.co.uk or iTunes)



One Restart on Wall 4 (See *)

#16 count intro from main beat (just before vocals)

Section 1 Step, Pivot 1/2 Left, Triple 1/2 Turn Left, Heel & Heel & Cross & Heel

1-2 (Weight on left) Step right forward. Pivot 1/2 turn left.
3&4 Triple step 1/2 turn left, stepping - right, left, right.

5&6& Touch left heel forward. Step left beside right. Touch right heel forward. Step right beside left.

*Restart Wall 4: Counts 7&8 - left side mambo, then Restart the dance (you will be facing 9:00).

7&8 Cross left over right. Step right to side. Touch left heel forward. (12:00)

Section 2 & Weave, & Rock, Side, Mambo 1/4 Turn Left, Heel & Heel &

\$1&2 Step left beside right. Cross right over left. Step left to side. Step right behind left. Step left to side. Cross rock right over left. Recover onto left. Step right to side.

5&6 Rock forward on left. Rock back onto right. Turn 1/4 left stepping left to left side. (9:00)

7&8& Touch right heel forward. Step right beside left. Touch left heel forward. Step left beside right.

Section 3 Step Pivot 1/2 Step, Triple Full Turn, Paddle Full Turn

1&2 Step right forward. Pivot 1/2 turn left. Step right forward. (3:00)

3&4 Triple step full turn right, stepping – left, right left.

Easier option: counts 3&4 - left shuffle forward.

5&6& Step right forward. Pivot 1/4 turn left. Step right forward. Pivot 1/4 turn left.

7&8& Step right forward. Pivot 1/4 turn left. Step right forward. Pivot 1/4 turn left. (3:00)

Section 4 Cross Shuffle With Sweep, Cross Shuffle, Forward Mambo, Coaster Step

1&2& Cross right over left. Step left to side. Cross right over left. Sweep left forward from back.

3&4 Cross left over right. Step right to right side. Cross left over right.5&6 Rock forward on right. Rock back onto left. Step right to side.

7&8 Step left back. Step right beside left. Step left forward.

*Restart - The one Restart is during Wall 4 near the end of Section 1. There is a step change for counts 7&8 (change to left side mambo) then Restart from the beginning.

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