

La Isla Bonita

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 1 級數: Beginner
編舞者: Katherine Lee (SG) - June 2020
音樂: La Isla Bonita - Madonna



* for our stay home friends with space constraint at home.*

Starts with our Right Foot.

S1: Side Mambo x 2, Forward Mambo, Back Mambo

1&23&4 RF side rock, LF recover, RF together, LF side rock, RF recover, LF together,
5&67&8 RF rock forward, LF recover, RF together, LF rock back, RF recover, RF together.

S2: Cross Samba x 2, ½ Right turn Mambo, Forward, pivot ½ Right turn, together

1&2 RF cross, LF step ball to the side, RF recover,
3&4 LF cross, RF step ball to the side, LF recover,
5&6 RF rock forward, LF recover, RF forward ½ R-turn(6:00),
7&8 LF forward, pivot ½ R-turn(12:00), LF together.

S3: Samba Whisk x 2, forward Mambo, Coaster step

1&23&4 RF Side, LF rock back, RF recover, LF side, RF rock back, LF recover,
5&67&8 RF rock forward, LF recover, RF together, LF step back, RF together, LF forward.

S4: Forward, ½ Right-turn, back, touch with hip bump x 2

1234 RF forward, LF back ½ R-turn(6:00), RF back, LF touch forward with hip bump,
5678 LF forward, RF back ½ L-turn(12:00), LF back, RF touch forward with hip bump.

Restarts:-

up to 16counts at Wall 3 / Wall 6

up to 20counts at Wall 8

Keep Active! Keep Dancing!

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