

New Better Times

拍數: 32 牆數: 4 級數: Beginner
編舞者: Montserrat Soler (ES) - May 2020
音樂: Better Times a Comin - Derek Ryan



*1 Restart, 2 Tags (4 counts)

[1-8]. Heel, hook, heel, chasse (x2 R&L)

1&2. R. heel forward, R. Hook, R. heel forward
3&4. Step R. side, step L. together, Step R. side
5&6. L. heel forward, L. hook, L. heel forward
7&8. Step L side, step R together, step L side

[9-16]. Shuffle ½ turn L, turn 1/2 L & rock step , coaster step L, rock back step R

9&10. Shuffle ½ turn L.(R-L-R)
11-12. Rock ½ turn L, recover R.
13&14. Step L. back, step R. together, step L forward
15&16. Jumping rock back R, recover L.

[17-24]. Toe strut jazz box ½ turn, sailor step R, sailor step ¼ L

17&18&. Step cross toe R, lower R heel, step L toe forward, lower L heel
19&20. Turn ½ Step toe R, lower R heel, Step L toe forward, lower L heel
21&22. Cross R behind L, step L side, step R slightly forward
23&24. Cross L behind R, turn ¼ left and step R side,step L slightly forward

[25-32]. Step look FWD, shuffle FWD, out out in in (x2)

25-26. Step R forward, lock L behind
27&28. step R. forward, step L. together, step R. forward
29&30. Step R side, step L side ,step Rt on place, step L together
31&32. Step R side, step L side ,step R on place, step L together

Start again

Restart: On the 5th wall, dance 16 counts add tag and start again

TAG: At the end of 2nd wall; and after the first 16 counts of the 5th wall

1-2 R heel fan
3-4 L. toe fan
