

Zui gui shi jiankang 最貴是健康

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
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Introduction : 32 count

Tag 1 : 4 counts

Tag 2 : 8 counts

Sequence : 32 32 Tag1 32 Tag1 32 Tag2 / 32 32 Tag1 32 Tag1 32 Tag1 32 Tag2 / 32 Tag1 32 Tag2 24

SEC 1 : FWD, RECOVER, SAILOR, FWD, RECOVER, 1/4L COASTER

1 2 3&4 Step Rf fwd, Recover on Lf, Sweep Rf behind left, step Lf to L side, step Rf slightly forward

5 6 7&8 Step Lf fwd, Recover on Rf, Making 1/4 turn L Step Lf back, Step Rf next to Lf Step Lf fwd

SEC 2 : CROSS SAMBA , CROSS, 1/4L BACK, CHASSE L, CROSS, RECOVER, 1/4R FWD

1&2 3 4 Cross Rf over Lf, rock Lf to L side, recover on Rf, Cross Lf over Rf, Making 1/4 turn L step Rf back

5&6 7&8 Step Lf to L, Step Rf next to Lf, Step Lf to L, Cross Rf over Lf, Recover on Lf , Making 1/4 turn R step Rf fwd

SEC 3 : CROSS, RECOVER, CHASSE (R L)

1 2 3&4 Cross Lf over Rf, Recover on Rf, Step Lf to L, Step Rf next to Lf, Step Lf to L,

5 6 7&8 Cross Rf over Lf, Recover on Lf, Step Rf to R, Step Lf next to Rf, Step Rf to R,

SEC 4 : FWD, PIVOT 1/2R, FWD SHUFFLE, WALK(RF LF), POINT R, TOGETHER, POINT L, TOGETHER

1 2 3&4 Step Lf fwd, Pivot 1/2 turn R step Rf fwd, Step Lf fwd, Step Rf next to Lf, Step Lf fwd

5 6 7&8&& Fwd walk (Rf Lf), Point Rf to R side, Step Rf beside Lf, Point Lf to L side, Step Lf beside Rf

TAG 1 : 4 COUNT. ROCKING CHAIR

1 2 3 4 Step Rf fwd, Recover on Lf, Step Rf back, Recover on Lf

TAG 2 : 8 COUNT. ROCKING, CROSS JAZZ BOX

1 2 3 4 Step Rf fwd, Recover on Lf, Step Rf back, Recover on Lf

5 6 7 8 Cross Rf over Lf, Step Lf back, Step Rf to R side, Step Lf fwd

NOTE :

Tag 1 : After finishing Wall 2, 3, 6, 7, 8, 10

Tag 2 : After finishing Wall 4, 9, 11

Enjoy ! Have fun !

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