

# First Thing I Reach For

**COPPER KNOB**  
STEPSHEETS

拍數: 56      牆數: 1      級數: High Beginner  
編舞者: Cheryl Levin (USA) - June 2020  
音樂: First Thing I Reach For - Ashley McBryde : (Amazon.com)



Dance starts on count 8 on the word "liquor", one Restart on Wall 4

## 1/2 RHUMBA BOX FORWARD, 1/2 RHUMBA BOX FORWARD, 1/2 RHUMBA BOX BACKWARD, 1/2 RHUMBA BOX BACKWARD

1&2&      R step sideways, L step together, R step forward, hold,  
3&4&      L step sideways, R step together, L step forward, hold  
5&6&      R step sideways, L step together, R step backward, hold  
7&8&      L step sideways, R step together, L step backward, hold

## SIDE SHUFFLE, SWAY, SWAY, ROCK, RECOVER, SHUFFLE FULL TURN

1&2&, 3, 4,      R, L, R sideways shuffle, sway left, sway right,  
5&6, 7&8      L rock forward recover on right, step L and shuffle full turn to left (R, L, R)

## STEP BACK, STEP BACK, BACK COASTER, SCISSOR STEP, SCISSOR STEP

1, 2, 3&4,      Step back on L, step back on R, back coaster step (L, R, L)  
5&6, 7&8      R step out, L step center, R crossover L in front, L step out, R step center, L cross over R

## 3 ROCK RECOVERS ½ TURN TO BACK, STEP, 3 ROCK RECOVERS ½ TURN TO FRONT

1&2&, 3&4      R rock, recover left 3X during ½ turn to back, step on R  
5&6&, 7&8      L rock, recover right 3X during ½ turn back to front, step on L

## 3 STEPS BACK, STEP BACK, 2 STEPS FORWARD, SHUFFLE FORWARD, STEP TOGETHER

1, 2, 3,4 3      steps backward (R, L, R), L step backward  
&5, 6&7, 8      R step forward, L step forward, shuffle forward (R, L, R), step together

## VINE RIGHT, ROCKING CHAIR, STEP, POINT FRONT, POINT SIDE, STEP TOGETHER

1&2&      R step sideways, L behind, R side, L cross over front,  
3&4&      R forward, L back. R back, L forward  
5, 6, 7, 8      R step together, L points front, side, together

## VINE LEFT, ROCKING CHAIR, STEP, POINT FRONT, POINT SIDE, STEP TOGETHER

1&2&, 3&4&      L step sideways, R cross behind left, L step side, R cross over front, L step front, R step back, L step back, R step forward  
5, 6, 7, 8      L step together, R point front, side together

Any questions? [cplevin@gmail.com](mailto:cplevin@gmail.com)

Let's all keep dancing during these difficult times!