

Perfume REGRET ..

COPPER **KNOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Val Saari (CAN) - May 2020
音樂: Attention - Charlie Puth



Intro: 16 counts

SWEEP RF TOES CLOCKWISE 1 1/2 CIRCLES, SYNCOPATED L SIDE POINT, LF TRAVELLING SWIVELS

1-2-3 Sweep RF toes in a large circle clockwise (1-2), Continue to sweep RF toes clockwise to 3:00 (3)
&4 Step RF to centre (&), Point LF to L side (4)
5-8 Swivel L heels to right, L toes to right, L heels to right, L toes to right

HIP ROCKS (FBFB), RF HEEL LIFTS

1-4 Rock hips diagonally left forward, back, forward, back (knees slightly bent)
5-8 Twist RF heel diagonally L and lift RF heel (5), Lower RF heel, Lift RF heel, Lower RF heel

RF MAMBO FWD (CHA CHA CHA), LF MAMBO BACK, SCUFF

1-2 Rock RF forward, LF Recover weight
3&4 Recover RF, Step LF in place, Step RF in place
5-6 Rock LF back, RF Recover weight,
7-8 Step LF together, Scuff RF forward

JAZZ BOX TURN 1/4 R, SHUFFLE RLR, LEFT SIDE MAMBO (CHA CHA CHA)

1-2 Step RF over L, Step LF back Turn 1/4 R
3&4 Shuffle forward RLR
5-6 LF Rock side left, RF recover
7&8 Step LF together, Step RF in place, Step LF in place (weight on LF)*

* EZ TAG: 4 counts & restart after Wall 8 facing 12:00

1-4 Bump hips RLRL

Email: valeriesaari@icloud.com

Phone: 1-905-246-5027