

# Raining On Me

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Adam Åstmar (SWE) - May 2020  
音樂: Rain On Me - Lady Gaga & Ariana Grande



Intro: 32 counts, approx. 17 seconds, starting right after the words "Add up".

## Important information:

Restart occurs after section 2 at wall 9, facing 6:00.

### Sect - 1: Walk Forward R, L. Ball, Touch. Heel Bounces ½ Turn. ¼. Behind-Side-Cross.

- 1 – 2            (1) Step forward on RF. (2) Step forward on LF.  
& 3 – 4        (&) Ball step slightly forward on RF. (3) Touch LF behind RF. (4) Bounce heels while turning ¼ to the left. {9:00}  
5 – 6            (5) Bounce heels while turning ¼ to the left, placing weight on LF. {6:00} (6) Turn ¼ to the left stepping to the right on RF. {3:00}  
7 & 8            (7) Step LF behind RF. (&) Step to the right on RF. (8) Cross LF over RF.

### Sect - 2: Side Rock. 1/8 Ball. Cross. Back. Side Rock. Ball. Heel Grind 1/8.

- 1 – 2 &        (1) Rock to the right on RF. (2) Recover on LF. (&) Turn 1/8 to the right, ball stepping RF next to LF. {4:30}  
3 – 4            (3) Cross LF over RF. (4) Step back on RF.  
5 – 6 &        (5) Rock to the left on LF. (6) Recover on RF. (&) Ball step LF next to RF.  
7 – 8            (7) Grind R heel forward. (8) Turn 1/8 to the right stepping to the left on LF. {6:00}

**Styling:** When doing the side rocks on count (1 – 2) and (5 – 6), do a body circle, lifting up on ball of the foot you rock on, then lowering heel to the floor as you slightly bend both knees transferring weight to the recover foot.

**Note!** - Restart occurs here at wall 9, facing 6'00 -

For a little extra feeling you can hold on count 8 and step to the left on count & instead.

### Sect - 3: Sailor Step. Sailor ¼ Turn. Step ½ Turn. Full Turn.

- 1 & 2            (1) Step RF behind LF. (&) Step LF in place. (2) Step to the right on RF.  
3 & 4            (3) Step LF behind RF. (&) Turn ¼ to the left, stepping RF in place. (4) Step slightly forward on LF. {3:00}  
5 – 6            (5) Step forward on RF. (6) Turn ½ to the left, placing weight on LF. {9:00}  
7 – 8            (7) Turn ½ to the left, stepping back on RF. (8) Turn ½ to the left, stepping forward on LF. {9:00}

### Sect - 4: Rock Forward. Back, Back. Together. Diagonal Toe Struts L, R. Ball.

- 1 – 2            (1) Rock forward on RF. (2) Recover on LF.  
& 3 – 4        (&) Step back on RF. (3) Step back on LF. (4) Close RF next to LF.  
5 – 6            (5) Touch L toe to the left diagonal. (6) Step down on L heel.  
7 – 8 &        (7) Touch R toe to the right diagonal. (8) Step down on R heel. (&) Ball step LF next to RF.

**Styling:** Whenever you hear the part in the song where Lady Gaga says "Rain... On... Me...", always coming at the end of each wall (Walls: 2, 6, 10 and 11) where you hear "Rain on me, me, me, etc." You do the following:

Toe Strue to the left – Put hands up in the air, drag them down wriggling fingers.

Toe strut to the right – Cross arms over chest, placing R hand on L shoulder and L hand on R shoulder.

Count 1 on start of dance, Stepping forward on RF – Point both thumbs towards yourself at shoulder height.

Have fun!

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