

# Sleeping Single In A Double Bed

**COPPER** KNOB  
STEPSHEETS

拍數: 64      牆數: 2      級數: Easy Intermediate  
編舞者: Kevin Richards (USA) - May 2020  
音樂: Sleeping Single In A Double Bed (Dave Audé Remix) - Barbara Mandrell & Dave Audé



## [1-8] R Side Shuffle, L Rock Recover, L Side Shuffle ¼ R, R Rock Recover

1&2      Right Side Shuffle (R-L-R)  
3-4      Left Rock Back, Right Recover  
5&6      Left Side Shuffle while making a ¼ Right (L-R-L)  
7-8      Right Rock Back, Left Recover- Now Facing 3 O'Clock

## [9-16] R Step, L Scuff, L Mambo, R Step Back, L Toe Tap, L Shuffle Forward

1-2      Right Step Forward, Left Scuff Forward  
3&4      Left Rock Forward, Right Recover Back, Left Step Together  
5-6      Right Step Back, Left Toe Tap in Front of Right  
7&8      Left Shuffle Forward (L-R-L)

## [17-24] R Step Forward, Pivot 1/2 L, R Side Shuffle 1/4 L, L Rock Recover, L Step, R Touch Across

1-2      Right Step Forward, Pivot ½ Left- Now Facing 9 O'Clock  
3&4      Right Side Shuffle while making a ¼ Left (R-L-R)- Now Facing 6 O'Clock  
5-6      Left Rock Back, Recover Right  
7-8      Left Step Forward At Angle Left, Right Toe Tap Across Left and Snap

## [25-32] R Step, L Touch Behind, L Step, R ¼ Hitch, R Shuffle, L Out, R Out, L In

1-2      Right Step Back At Angle Right, Left Toe Tap Behind Right and Snap  
3-4      Left Step To Left Side, Right Hitch ¼ Right- Now Facing 9 O'Clock  
5&6      Right Shuffle Forward (R-L-R)  
7&8      Left out, Right Out, Left In

## [33-40] R L Toe Switch, R Heel Forward, L Toe Back, Repeat with L

33&34&      Right Toe out To Right Side, Right Home, Left Toe Out To left Side, Left Home  
35&36      Right Heel Forward, Right Home, Left Toe Back  
37&38&      Left Toe Out To The Left Side, Left Home, Right Toe Out To Right Side, Right Home  
39&40      Left Heel Forward, Left Home, Right Toe Back

## [41-48] R Grind ¼ R Recover, R Coaster, L Rock Recover, L Coaster Step

41-42      Right Heel Grind while making a ¼ Right, Left Recover- Now Facing 12 O'Clock  
43&44      Right Coaster Step  
45-46      Left Rock Forward, Right Recover  
47&48      Right Coaster Step

## [49-56] Repeat p41-48[ -Now Facing 3 O'Clock

## [57-64] R Step Forward, Pivot ½ L, R Step Forward, 2 Heel Bounces ¼ L, L Step, R Heel Out, R Step, L Stomp

57-58      Right Step Forward, Pivot ½ Left- Now Facing 9 O'Clock  
59&60      Right Step Forward, Two Heel Bounces while making a ¼ Left (end with weight on the right)-  
Now Facing 6 O'Clock  
61-62      Left Large Step To The Left, Slide Right together with Heel extended to Right  
63-64      Right Step Home, Left Stomp Home

