

Another Lonely Night

COPPER KNOB
STEPSHEETS

拍數: 64
編舞者: Teresa Tillman (USA) - May 2020
音樂: Prayin' for Daylight - Rascal Flatts

牆數: 4

級數: Improver / Intermediate



Intro: 16 counts after lyrics start - Two Restarts, one tag

ROCK, BALL STEP, ROCK, SAILOR, CHASSE'

1, 2 & 3,4 Rock LF forward, recover on RF, ball step on LF, rock RF forward, recover on LF
5&6 R sailor with 1/2 turn R
7&8 Chasse' to L (L, R, L) (restart #1 – wall 2)

CROSS ROCK ¼ TURN, TRIPLE STEP ½ TURN, ¼ TURN, POINT, SWEEP, HITCH

1&2 Cross rock RF over LF, recover on LF, turn ¼ to R, step RF forward
3&4 Step L, R, L with a ½ turn to R
5, 6, 7, 8 ¼ turn to R stepping RF to R, point LF forward, sweep LF to L side, hitch L knee across body

ANCHOR STEP, SWEEP, BEHIND SIDE CROSS, ¼ TURN STEP, BALL STEP, SWAY

1&2 Step LF behind RF, step on RF, step on LF
3&4 Sweep RF around behind LF and step on RF, step LF to L, cross RF in front of LF
5&6 Turn ¼ L while stepping LF forward, step on ball of RF quickly, step forward on LF
7, 8 Step RF to R and sway hips to R, sway hips to L

½ PIVOT, CROSS POINT X2, BALL STEP, ¼ TURN, HITCH

1, 2 Step RF forward, ½ pivot to L, ending w/weight on LF
3, 4 Cross RF over LF, point LF to L
5, 6 Cross LF over RF, point RF to R
& 7, 8 Hop RF to center, point LF to L, turn ¼ to L and hitch LF across R knee (tag and restart #2 – wall 4)

STEP, ½ TURN, TOUCH, ½ TURN, FORWARD MAMBO, BACK MAMBO

1, 2, 3, 4 Step LF forward, turn ½ L stepping back on RF, touch LF back, turn ½ L stepping on LF
5&6 Step RF forward, rock back onto LF, bring RF back to LF
7&8 Step back on LF, rock forward onto RF, bring LF back to RF

ROCK, CROSS SHUFFLE, ROCK, BEHIND SIDE CROSS

1, 2 Rock RF to R, recover on LF
3,&4 Cross RF over LF, step LF slightly to L, cross RF over LF
5, 6 Rock LF to L, recover on RF
7& 8 Cross LF behind RF, step RF to the R, cross LF over RF

¼ TURN, SHUFFLE, FULL TURN, KICK BALL POINT, ¼ TURN, ROCK, RECOVER

1&2 ¼ turn R, step RF forward, step LF next to RF, step RF forward
3, 4 Step LF forward, pirouette to R on LF while bringing RF to LF ankle, step forward on RF
5&6 Kick LF forward, step quickly on ball of LF, point RF to R
7,8 ¼ turn R while rocking back on RF, recover on L

½ MONTEREY, PIVOT ½ R, PIVOT ¼ R

1, 2, 3, 4 Point RF to R, bring beside LF while turning ½ R, point LF to L, touch beside RF
5, 6, 7, 8 Step LF forward, pivot ½ R stepping on RF, step LF forward, pivot ¼ R stepping on RF

Restart #1: After 8 cts on wall 2 (add a ball step at end of count 8 – becomes 7&8&) – step on ball of RF quickly then begin dance again

Restart#2: After 32 cts on wall 4, do 4 ct tag and restart

Tag: 1, 2, 3, 4 – Jazz Box – Cross LF over RF, step RF back, step LF to L, bring RF to LF

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