

Walk In Walk Out

COPPER KNOB
BY STEPHEN

拍數: 48 牆數: 2 級數: Improver
編舞者: Myra Harrold (SCO) - May 2020
音樂: Swingin' Door - Edens Edge



Intro: Vocals - Sequence Of Dance: 40,48,40,48,18,48,48

Sect:1- Fwd,Touch,Back,Kick,Back,Touch,Fwd,Touch,Back,Kick,Coaster Cross,Cross

1&2&3&4& Rf Fwd,Touch L Toe To Rf,Lf Back,Kick Rf,Rf Back,Touch L Toe To Rf,Lf Fwd,Touch R Toe To Lf (12)
5,6&7,8 Rf Back With Kick Lf,Lf Back,Close Rf To Lf,Lf Cross Over Rf,Cross/Walk Rf Over Lf (12)

Sect:2- Cross,Rock,Recover 1/4,Fwd,Rumba Fwd,Side Rock,1/4,Hinge 1/4,Point

1,2&3,4&5 Cross/Walk Lf Over Rf,Rock Rf To R,Pivot 1/4 L,Lf Fwd,Rf Fwd,Lf To L,Close Rf To Lf,Lf Fwd (9)
6,7,8 Rock Rf To R(Push R Hip R),Pivot 1/4 L,Lf Fwd,Pivot A Further 1/4 L,Point R Toe Out To R Side (3)

Sect:3- Cross,Rock,Recover, Fwd,Rock,Recover, Fwd,L Coaster Rock,Recover

1,2&3,4&5 Cross Rf Over Lf,Rock Lf To L *** Rf To R,Cross Lf Over Rf,Rock Rf To R,Lf To L,Cross Rf Over Lf (3) (Rock Steps Travelling Fwd)
6&7,8 Lf Back,Close Rf To Lf,Rock Lf Fwd,Recover Back On Rf (3)

Sect:4- Back,1/2,Fwd,Fwd,1/4,Side,Cross,Heel Jack,Ball Change Fwd,Swivel Heels

1,2,3,4 Lf Back,Pivot 1/2 R,Rf Fwd,Lf Fwd,Pivot 1/4 R,Change Weight Rf (12)
5&6&7&8 Cross Lf Over Rf,Rf To R,L Heel To L,Close Lf To Rf,Rf Fwd,Swivel Heels To R Then Centre (12)

Sect:5- Back,Draw,Coaster Cross,Rock,Recover, Jazz Box 1/2

1,2&3,4& Rf Back,Draw Lf To Rf,Close Rf To Lf,Cross Lf Over Rf,Rock Rf To R,Recover Lf To L (12)
5,6,7,8 Cross Rf Over Lf,Pivot 1/4 R,Lf Back,Pivot 1/4 R,Rf Fwd,Lf Fwd (6) (Restart Wall 1 &3)

Sect:6- 1/8 R,R Shuffle Fwd,Step,1/2,Step,R Shuffle Fwd,Step,3/8.Step (Diagonal Shuffles)

1&2,3&4 Pivot 1/8 R,Rf Fwd,Close Lf To Rf,Rf Fwd,Lf Fwd,Pivot 1/2 R,Rf Fwd,Lf Fwd (1.30)
5&6,7&8 Rf Fwd,Close Lf To Rf,Rf Fwd,Lf Fwd.Pivot 3/8 R,Rf Fwd,Lf Fwd (6)

Walls 1 & 3 = Dance To End Of Sect:5 = Restart At 6 O Clock

Wall 5 *** Dance To End Of Sect:2 (Point R) =There's A Break In The Music,Step Rf Fwd, Pivot 1/4 L Onto Lf, Restart At 12 O Clock