

# Tenderfoot Waltz (L/P)

COPPERKNOB  
BY STEPHEN

拍數: 24      牆數: 1      級數: Beginner / Improver - Line / Partner  
編舞者: Dick Rogers (USA) & Nancy Rogers (USA) - May 2020  
音樂: Vaya Con Dios - Justin Johnson



Also:-

Are You Lonesome Tonight (Tony Anderson String Orchestra) [90 bpm];  
Broken Heartstrings (Rita MacNeil) [92 bpm]; any slow waltz music 80-110 bpm

NOTE: No tags, no restarts. Steps described for Lead. Follow-steps opposite except where noted.  
Abbrev.: fwd = forward; L = left; R = right; LF = left foot; RF = right foot; Lead = Lead role; Follow = Follow role

## BALANCE FORWARD AND BACK

1-3            Step LF fwd, step RF beside LF, step LF in place  
4-6            Step RF back, step LF beside RF, step RF in place

Variation: Swing balance forward and hook balance back: For 1-3, step LF fwd and swing R leg fwd slowly and point fwd or slightly off floor; for 4-6, step RF back and drag LF back to cross R leg in a toe touch or hook.

## HALF TURNING BOX TO LEFT

1-3            Step LF fwd and  $\frac{1}{4}$  turn L, step RF to R, slide LF to RF  
4-6            Step RF back and  $\frac{1}{4}$  turn L, step LF to L, slide RF to LF

Variation: For 1-3, complete a  $1\frac{1}{4}$  turn to L by stepping LF fwd with  $\frac{1}{4}$  turn L, step RF small step to L and spin  $\frac{1}{2}$  L, step LF in place and spin  $\frac{1}{2}$  L.

## CHANGE STEP FORWARD STARTING LF

1-3            Step LF fwd, step RF to R, slide LF to RF

## HALF TURNING BOX TO RIGHT

1-3            Step RF fwd and  $\frac{1}{4}$  turn R, step LF to L, slide RF to LF  
4-6            Step LF back and  $\frac{1}{4}$  turn R, step RF to R, slide LF to RF

Variation: For 1-3, complete a  $1\frac{1}{4}$  turn to R by stepping RF fwd with  $\frac{1}{4}$  turn R, step LF small step to R and spin  $\frac{1}{2}$  R, step RF in place and spin  $\frac{1}{2}$  R.

## CHANGE STEP FORWARD STARTING RF

1-3            Step RF fwd, step LF to L, slide RF to LF

## START OVER

Last Update - 29 May 2020