

I'm The One

COPPERKNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Frank Heelan (IRE) & Debbie Curran (IRE) - May 2020
音樂: You Belong With Me - Taylor Swift



Intro: 16 Counts.

Sec 1: Kick ball change, step, touch, touch, step turn step.

1&2-3 Kick forward right, step on ball of right, step left together, step forward right.
4-5 Touch left toe forward, touch left toe back.
6-7-8 Step forward left, turn ½ right stepping on right, step forward left. (6.00)

Sec 2: Modified Figure 8

1-2-3 Step right to right, left behind, turn ¼ right stepping forward right. (9.00)
4-5-6 Step forward left, turn ½ right stepping on right, turn ¼ right stepping left to left. (6.00)
7-8 Step right behind, turn ¼ left stepping forward left. (3.00)

Sec 3: Point hold, & point hold, & point touch, shuffle forward.

1-2 Point right to right. Hold.
&3-4 Step right next to left, point left to left. Hold.
&5-6 Step left next to right, point right to right, touch right next to left.
7&8 Step forward right, left together, step forward right. (3.00)

Sec 4: Step forward left, ½ turn right, full turn, rock recover, ball back, step.

1-2 Step forward left, turn ½ right step forward right. (9.00)
3-4 Turn ½ right, step back left, (3.00) turn ½ right step forward right. (9.00)
5-6 Rock forward left, recover to right.
&7-8 Step ball of left next to right, step back right, step left next to right. (9.00)

Restart: Wall 5 facing 12.00 dance first 8 counts and restart facing 6.00.

Tag: End of wall 12 facing 9.00 add 4 hips right, left right, left and start again.

Contact: heelanjohnl@gmail.com debbie.curran@ymail.com