One Day You'll Get It

1-2

3-4

5-6 7-8

1-2

3-4

5-6

7-8

1-2

3-4

1-2

3-4

5-6

7-8

1-2

3-4

5-6

7-8

1-2

3-4

5-6

7-8

1-2 3-4

5-6

7-8



拍數: 64 牆數: 2 級數: Intermediate 編舞者: Siggi Güldenfuß (DE) & Heike Georgi (DE) - May 2020 音樂: One Day You'll Get It - High Valley Note: The dance begins after 32 counts, when the singing starts. S1. Section: Kick, Stomp, Flick, Stomp re./li. RF kick forward, stomp RF next to LF RF kick back, stomp RF next to LF LF kick forward, stomp LF next to RF LF kick back, stomp LF next to RF (weight remains on the LF) S2. Section: Step Lock Step Forward, Hold, Rock Step, ½ Turn, Step, Stomp RF step forward, cross LF behind RF RF step forward, hold LF step forward, sligthly raise the RF and weight back onto RF ½ turn to the left and LF step forward, stomp RF next to LF (6 O'Clock) S3. Section: Apple Jacks (or Swivets), Heel, Close re./li. turn the right toe and the left heel to the right, turn back both turn the left toe and the right heel to the left, turn back both **Option: Swivets:** turn the right toe to the right, at the same time turn the left heel to the left, turn back both turn the left toe to the left, at the same time turn the right heel to the right, turn back both tap forward right heel, RF next to LF tap forward left heel, LF next to RF S4. Section: Step Lock Step Back with Hook, Step, Stomp, Back Rock RF step back, cross LF in front of RF RF step back, cross LF in front of right leg LF step forward, RF next to LF RF step back, slightly raise the LF and weight back onto LF (jumped slightly) Restart: In the 4th wall stop here and start the dance from the beginning! S5. Section: Step Lock Step Forward, Hold, Step Forward ½ Turn, ½ Turn Step Back, Hold RF step forward, cross LF behind RF RF step forward, hold LF step forward, ½ turn to the right (weight on RF) (12 O'Clock) ½ turn to the right and LF step back, hold (6 O'Clock) Restart: In the 2nd wall stop here and start the dance from the beginning! S6. Section: Step Lock Step Back, Hold, Coaster Step, Scuff RF step back, cross LF in front of RF RF step back, hold LF step back, RF next to LF

S7. Section: Side, Behind, Side, Hold, Step ½ Turn 2x

LF step forward, RF scuff forward

- 1-2 RF step to the right, cross LF behind RF
- 3-4 RF step to the right, hold
- 5-6 LF step forward, ½ turn to the right (weight on RF) (12 O'Clock)
- 7-8 LF step forward, ½ turn to the right (weight on RF) (6 O'Clock)

S8. Section: Grapevine with Scuff, Step Diagonally Forward, Stomp, Step Diagonally Back, Stomp

1-2 LF step to the left, cross RF behind LF3-4 LF step to the left, RF scuff forward

5-6 RF step diagonally forward to the right, stomp LF next to RF

7-8 LF step diagonally back to the left, stomp RF next LF

Dance, Have Fun & Smile!