

# Perm

拍數: 32      牆數: 4      級數: Improver / Funky  
編舞者: YoungSoon Song (KOR), Hyun Ah Lee (KOR), Hee Sun Lee (KOR) & SoYeun Choi (KOR) - May 2020  
音樂: Perm - Bruno Mars : (3:30)



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## S1: BOUNCE, STEP, PIVOT 1/2, ROCK STEP, BACK STEP, BACK TOUCH, TURN 1/2

1            RF Step Together and Knee Band(1)  
2            LF Step Forward(2)  
3-4        RF Step Forward(3), LF Turn 1/2 L(4)  
5&6        RF Step Forward(5), LF Recover Weight(&), RF Step Backwards(6)  
7-8        LF Touch Backwards(7), LF Turn 1/2 L(8)

## S2: BALL PUSH, PULL, BALL CHANGE, BALL PUSH, STEP TWIST 2X

1-2        RF Diagonal Ball Push(1), RF Pull L Together(2)  
3-4        LF Diagonal Ball Push(3), LF Pull R Together(4)  
5&6        RF Jump R(5), RF Twist Heel(&), RF Twist Toe(6)  
7&8        LF Jump L(7), LF Twist Heel(&), LF Twist Toe(8)

(\*Last Twist Toe with Turn 1/8 L 10:30)

## S3: TOUCH 4X, HITCH, TURN 1/4, HITCH

1&2&      RF Heel Touch Forward(1), RF Step Together(&), LF Heel Touch Forward(2), LF Step Together(&)  
3&4&      RF Heel Touch Forward(3), RF Step Together(&), LF Heel Touch Forward(4), LF Step Together (&)  
5-6        RF Diagonal Hitch L(10:30)(5), RF Touch R(6)  
7-8        RF Turn 1/4 R(1:30)(7), LF Diagonal Hitch R(8)

## S4: TOUCH, HEEL SWIVEL 1/4 2X, HITCH, TURN 1/4

1-2        LF Touch L(1), LF Turn 1/4 R with Heel Drop(10:30)(2)  
3-4        RF Heel Swivel 1/4 R(10:30)(3), RF Diagonal Hitch L(4)  
5-6        RF Touch 1/8 R(12:00)(5), Touch 1/8 R(1:30)(6)  
7-8        RF Touch 1/8 R(3:00)(7), Touch 1/8 R(6:00)(8)

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