

All She Said

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Lana Wilson (USA) - May 2020
音樂: All She Said Was No - Gary Morris : (CD: Faded Blue)



HEEL, CROSS TOE, HEEL, CLOSE, BACK STRUT, HIP BUMPS

1-4 Touch R heel forward, cross R toe over L, touch R heel forward, step R beside L
5-8 Step L toe back, drop L heel weight on L, 2 hip bumps back to left diagonal

1/2 PIVOT, 1/4 PIVOT, SHUFFLE FWD, 1/2 PIVOT

9-12 Step R forward, pivot 1/2 left (6:00), step R forward, pivot 1/4 left (3:00)
13&14 Shuffle slightly forward RLR
15-16 Step L forward, pivot 1/2 right (9:00)

VINE, BALL-CHANGE, BODY ROCKS

17-19 Step L to left, step R behind L, step L to left
&20 Step ball of R beside L, raising L, step L beside R
21-24 Step R to right rocking body right, left, right, left

VINE, CLOSE, KICK-BALL-CHANGE, UP STOMPS

25-28 Step R to right, step L behind R, step R to right, step L beside R
29&30 Kick R forward, step ball of R beside L, step L in place
31-32 Stomp R beside L twice, no wei

HEEL GRIND 1/4 TURNS

33-34 Step R heel forward and pivot 1/4 right lifting L, step down on L (12:00)
35-36 Rock R back, recover on L
33-34 Step R heel forward and pivot 1/4 right lifting L, step down on L (3:00)
35-36 Rock R back, recover on L

HEEL, HOLD & HEEL, HOLD & JAZZ BOX

41-42& Touch R heel forward, hold, step R beside L
43-44& Touch L heel forward, hold, step L beside R
45-48 Cross R over, step L back, step R to right, step L beside R

SHUFFLE FWD, ROCKING CHAIR, SHUFFLE FWD

49&50 Shuffle forward RLR
51-54 Rock L forward, recover on R, rock L back, recover on R
55&56 Shuffle forward LRL

HEEL STANDS, BACK, CLOSE, HEEL TWISTS

57-60 Step R heel forward, step L heel beside R, step R back, step L beside R
61-64 Twist heelsleft, center, left, center

Begin Again

Restarts on patterns 2, 4, and 6 – Dance 1-48 (jazz box) and restart.

Contact: keedance1@gmail.com