

My Father

拍數: 64 牆數: 2 級數: High Intermediate
編舞者: Blooring Leo (INA), Gunawati Tiotama (INA), Hua, Jumi, KA, Ling, Ngo, Ui Chin & Yung - May 2020
音樂: The Prose of My Father covered by Li Jian



Notes: This dance is dedicated to our teacher, Tjhioe Fong laoshi. Happy Father's Day!
Intro: 16 counts

Section 1: NC Basic, ¼ R, ¼ Pivot Turn Forward, ½ Turn, 1/8 R Forward, Rock forward

1 2& Big Step L to L, Cross R behind L, Cross L over R
3 4& ¼ R Step R forward, Step L forward, ¼ R Step R to R
5 6& Step L forward, ¼ L Step R back, ¼ L Step L to L
7 8& 1/8 R Step R forward, Rock L forward, Recover R (10:30)

Section 2: Hitch, 1/8 L Coaster Step, Pivot Turn Forward 2x, Side

1 2&3 Hitch L, 1/8 L Step L back, Step R together, Step L forward
4&5 Step R forward, ½ L Step L forward, Step R forward
6&7 8 Step L forward, ½ R Step R to forward, Step L forward, Step R to R (9:00)

Section 3: Cross, ¾ Turn, Touch, Back, Together, Forward, Touch, Kick

1 2&3 Cross L over R, ¼ L step R behind, ¼ L step L to L, ¼ L step R forward
4 5 Touch L beside R bending both knees, Step L back straightening both knees
6&7 Step R together, Step L forward, Touch R beside L bending both knees
8 Kick R to R diagonal, straightening both knees (12:00)

Section 4: Back, Rock Back, Forward, Pivot turn, Side Step Touch, Side

1 2&3 Step R back, Rock L back, Recover R, Step L forward
4 5 Step R forward, ½ L Step L forward
6&7&8 Step R to R, Step L together, Step R to R, Touch L beside R, Step L to L (6:00)

*** On Wall 2, Tag1 and then Restart

*** On Wall 5, Tag2 and then Restart

Section 5: 1/8 L Forward, Rock Forward, 1/8 L Side, 1/8 L Forward, Back 2x, Hitch, 1/8 L Coaster, ¼ L Touch 2x

1 2&3 1/8 L Step R forward, Rock L forward, Recover R, 1/8 L Step L to L
4&5 1/8 L Rock R forward, Recover L, Step R back and Hitch L
6&7 1/8 L Step L back, Step R together, Step L forward
8& ¼ L Touch R to R, Touch R beside L (3:00)

Section 6: NC Basic, ¼ L Forward, Sweep 2x, Scissors Step, Side

1 2& Big Step R to R, Cross L behind R, Cross R over L
3 4 5 ¼ L Step L forward, Sweep and Step R forward, Sweep and Step L forward
6&7 8 Step R to R, Step L together, Cross R over L, Step L to L (6:00)

Section 7: Cross Rock, Side, Cross Rock, Side, ½ L Back Sweep, Side, Cross, Back

1 2& Cross Rock R, Recover L, Step R to R
3 4& Cross Rock L, Recover R, Step L to L
5 ½ L Step R back and Sweep L front to back
6&7 8 Cross L behind R, Step R to R, Cross L over R, Step R back (12:00)

*** Restart on Wall 4

Section 8: ¼ L Ronde, Rock Back, Forward, ¼ L Side Rock, Full Turn, Touch

1 2&3 ¼ L Sweep L front to back, Rock L back, Recover R, Step L forward
4 5 ¼ L Rock R to R, Recover L
6&7 8 ¼ R step R forward, ½ R step L behind, ¼ R step R to R, Touch L beside R (6:00)

Tag1: Walk 3x, Touch

1 2 3 4 Walk R, L, R, Touch L beside R bending both knees

Tag2: Back, Hold, Run 4x, Flick

1 2 Step R back, Hold

&3&4& Run L, R, L, R, Flick L

Tag1: After 32 counts @ Wall 2

Tag2: After 32 counts @ Wall 5

*****3 Restarts: After Tag 1 @Wall 2, After 56 counts @Wall 4 and After Tag 2 @ Wall 5**

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