

Lockdown

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: High Improver
編舞者: Phyllis Manier (USA) - May 2020
音樂: Family Lockdown Boogie - Jack Buchanan



ROCK STEP, STEP LOCK BACK, TURN STEP, STEP LOCK BACK

1-2 Rock step right forward, recover Left
3&4 Step lock back R L R
5-6 ½ turning left Stepping forward Left recover right (pivot on right)
7&8 Step lock back L R L

SIDE ROCK , BEHIND & CROSS, TURN, TURN, SHUFFLE FORWARD

1-2 Rock right side ¼ turn right recover left
3&4 Step right behind left, step side left, cross right over left
5-6 Step back left ¼ turn, Step forward ½ turn
7-8 Shuffle forward L R L

STEP TURN, TRIPLE ½, TURN STEP, SHUFFLE FORWARD

1-2 Step forward right ½ turn, recover left
3&4 Triple ½ turning left
5&6 Turn 1/2 left step forward right
7&8 Shuffle forward L R L

STEP TURN, CROSS POINT X2, BACK ROCK

1-2 Step forward right ¼ turn left
3-4 Cross right over left point left side
5-6 Cross left behind right point right
7-8 Rock step back right recover left

Restart wall 8 (3:00) dance 16 count and restart facing 9:00

Have Fun-
