

# No I in Beer (E-Z)

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Lisa Singleton (USA) & Linda Meehan - May 2020  
音樂: No I in Beer - Brad Paisley



Dance begins when lyrics start

## TOE HEEL STOMP, HOLD (FORWARD 2X)

1-4      Touch R Toe next to L, Touch R Heel next to L, Stomp R Forward, Hold  
5-8      Touch L Toe next to R, Touch L Heel next to R, Stomp L Forward, Hold

## STEP BACK, SCOOT BACK, LEFT COASTER BACK, HOLD

1-4      Step R back, Scoot Back L Beside R, Step Back R, Hold  
5-8      Step L Back, R Together, Step Forward L, Hold

## RIGHT SIDE ROCK CROSS, HOLD, SIDE ROCK ¼ TURN, HOLD

1-4      R Side Rock, Recover L, Cross R over L, Hold  
5-8      L Side Rock, Recover R while Pivoting ¼ R, Cross L over, Hold

## LONG STEP RIGHT, HOLD, SWIVEL 3X, HOLD

1-4      Step Long R, Hold, Step Together L, Hold  
5-8      Swivel on heels 3X (according to dancers preference RLR or LRL) Hold

Repeat

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