

5 More Minutes

拍數: 32 牆數: 4 級數: Improver
編舞者: Carol Thorpe (USA) - May 2020
音樂: Five More Minutes - Jonas Brothers



Tag after Wall 3

Start right after 4th count when you hear word "minutes"

Weave L, Side Point, ½ Sailor, Cross Shuffle

1,2,3,4 Cross R over L, Step L to L, Cross R behind L, Point L to L side 12:00
5&6 Cross L behind R, Turn ½ R, Stepping R to R, Step L to L side 6:00
7&8 Cross R over L, Step L slightly to L, Cross R over L 6:00

Walks 1/2, Shuffle 1/4, Rock Recover, Full Turn

1,2 Turn ¼ L stepping forward L, turn ¼ L stepping forward R 9:00
3&4 Turn ¼ stepping forward L, step forward R next to L, step forward L 9:00
5,6,7 Rock forward on R recover L, step forward on R making ½ turn to R 3:00
8 Step back on L turning ½ R 9:00

Sailor, Heel Dig ¼ Turn, Nightclub R, Slide L, Cross Rock Recover

1&2 Cross R behind L, step to L on L, Step R to R side 9:00
3&4 Place L heel in front of RF and pivot on heel ¼ L, step back on R, step L next to R 6:00
5,6& Step R on R, Rock L behind R, Recover on R 6:00
7,8& Step L to L, Rock R over L, Recover on L 6:00

Hip Sways, Ball Change Step, Hip Sways, Ball Change Step , Step ¼ turn

1,2&3,4 Step R to R and sway R-L, quickly step ball of R foot behind L, step forward L, step R to R 6:00
5,6&7 Step L to L and sway L-R, quickly step ball of L foot behind R turning ¼ L, step forward R 3:00
8 Step forward on L 3:00

TAG: You will be facing the 9:00 Wall during the Tag

Jazz Box w-Cross, Side Rock, Behind Side

1,2,3,4 Cross R over L, step back on L, step R to R, cross L over R 9:00
5,6,7,8 Rock R to R, Recover, step L behind R, step L to L 9:00