The Rest Of My Life

拍數: 32

Intro: 4 counts

1-2

3&4

5-6

7&8

級數: Improver WCS

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音樂: 10,000 Hours - Dan + Shay & Justin Bieber

牆數: 4

STEP x2, ANCHOR STEP, STEP x2, ½ TURN COASTER STEP RF walk fwd., LF walk fwd. RF rock behind LF, return weight to LF, return weight to RF LF walk fwd., RF walk fwd. 1/2 turn to L with LF stepping back, RF steps next to LF, LF steps fwd. (6:00)

POINT x2, ¼ TURN SAILOR STEP, POINT x2 ¼ TURN SAILOR STEP

- 1-2 Point RF crossed in front of LF, point RF to R side
- 3&4 1/4 turn R with RF crossing behind LF, LF step to L, RF step to R (9:00)
- 5-6 Point LF crossed in front of RF, point LF to L side
- 7&8 1/4 turn L with LF crossing behind RF, RF step to R, LF step to L (6:00)

STEP, TURN, STEP, HOLD, PIVOT TURN x2 (FULL TURN), CAMEL WALK x2

- RF step fwd., ¹/₂ turn L putting weight on LF (12:00) 1-2
- 3-4 RF step fwd., hold (with head nod)
- 5-6 1/2 turn to R and LF step back, 1/2 turn to R and RF step fwd. (12:00)
- 7-8 LF step fwd. while RF does knee pop, RF step fwd. while LF does knee pop

STEP & SWEEP x2, COASTER STEP, OUT-OUT, IN-CROSS, UNWIND, TOUCH

- LF step back while sweeping RF from front to back, RF step back while sweeping LF from 1-2 front to back
- 3&4 LF step back, RF step next to LF, LF step fwd.
- &5&6 RF step to the R, LF step to the L, RF step to center, LF cross in front of RF
- 3/4 turn to R (weight over LF), RF touch next to LF (9:00) 7-8

(at the end of the 7th wall (end of dance) we only do ½ turn unwind to finish the dance at 12:00)

TAG 1: 8 counts at the end of the 2nd wall, we are facing 6:00

- 1-2 RF step fwd., LF point to the L (snap fingers both hands)
- 3-4 LF step fwd., RF point to the R (snap fingers both hands)
- 5-6 RF step back, LF point to the L (snap fingers both hands)
- 7-8 LF step back, RF point to the R (snap fingers both hands)

TAG 2: 4 counts at the end of the 5th wall, we are facing 9:00 (snap fingers in a semi-circle)

- 1 Snap fingers (right hand) crossed in front of body at elbow height
- 2 Snap fingers (right hand) crossed above head to L
- 3 Snap fingers (right hand) above head to R
- 4 Snap fingers (right hand) to R at elbow height

ENJOY THE DANCE

