

Fools

拍數: 64 牆數: 2 級數: Improver / Intermediate
編舞者: Angéline Fourmage (FR), Maryse Fourmage (FR), Marianne Langagne (FR) & Sophie Ruhling (FR) - 17 May 2020
音樂: Fools - ufo ufo : (amazon)



Sequence : Tag-A-A(32)-Tag*-A-A-A-A(32)-Tag*
Start : 16 counts (9 sec approximately ; On the hiss)

[1-8] Step, Lock, Hitch, Jazz-Box ½ R, Anchor-Step

1-2 RF FW, Lock LF behind RF with R Hitch FW
3-4 Cross RF over LF, Make 1/4 R with LF Back (3 :00)
5-6 Make 1/4 R with RF to the R side, LF FW (6 :00)
7&8 Lock RF behind LF, Step weight into LF, Step weight into RF

[9-16] Rock-Step, Toe-Strut ¼ R, Sway, Sway, Back, Together, Bounce

1-2 LF Back, Recover to RF
3-4 Make 1/4 R with L Toe to the L side, Down your heel (Option Bump) (9 :00)
5-6 Make R Sway (Weight is on RF), Make L Sway (Weight is on LF)
&7&8 RF back, LF next to RF, Heels Up, Heels Down

[17-24] Wizard, Jazz-Box, Swivel

1-2& RF FW in R diagonal, LF behind RF, RF FW in R diagonal
3-4& LF FW in L diagonal, RF behind LF, LF FW in L diagonal
5-6 Cross RF over LF, LF Back
7&8 RF to the R side, L Heel inside, L Heel outside (Weight is on RF) (Option Press)

[25-32] Sailor ¼ L, V-Step, Rock-Step, Point

1&2 Cross LF behind RF, Make ¼ L with RF Back, LF FW on L diagonal (6 :00)
3-4 RF on R diagonal, LF Back
5-6 RF next to LF, LF to L side
7-8 Recover to RF, Point LF to the L Side * (For the Tag : Make LF next to RF)

[33-40] CROSS BEHIND, POINT TO R. CROSS, ½ TURN R, TOE IN, ¼ TUR L, TRIPLE FWD

1-2 Cross LF over RF, Point RF to the R side
3-4 Cross RF over LF, make ¼ R with LF back (9:00)
5-6 Make ¼ R with RF to the R side, Touch LF next to RF (Knee inside) (12:00)
7&8 Make ¼ L with LF FW, RF next to LF, LF FW (9:00)

[41-48] HIP BUMPS R&L, TOES SWITCHES R&L, POINTS SWITCHES

1&2 R toe FW (Bump), Down your R hell (Bump)
3&4 L toe FW (Bump), Down your L hell (Bump)
5&6 Touch RF next to LF (Knee inside), RF next to LF, Touch LF next to RF (Knee inside)
&7&8 LF next to RF, Point RF to the R side, RF next to LF, Point LF to the L side

[49-56] Sailor-Step ¼ L, Swivel, Kick Ball-Cross

1&2 Cross LF behind RF, Make ¼ L with RF back, LF FW
3&4 RF FW, Put your L heel inside, Put your L toe inside (weight is on RF)
5&6 LF FW, Put your R heel inside, Put your R toe inside (weight is on LF)
7&8 Kick RF FW, RF next to LF, Cross LF over RF

[57-64] Side, Heel, Snap, Side , Heel, Snap, Jazz Box

1-2 RF to the R side, Touch L heel FW with Snap

3-4 LF to the L side, Touch R hell FW with Snap
5-6 Cross RF over LF, LF back
7-8 RF to the R side, LF FW

Tag (16 Counts)

[1-8] Walk ½ R, Hold, Walk ¼ R, Hold, Out, Out, In, In

1-2 Make ¼ R with RF FW, Hold (3:00)
3-4 Make ¼ R with RF FW, Hold (6:00)
5-6 RF to the R side, LF to the L side
7-8 RF to the center, LF next to RF

[9-16] Walk ½ R, Hold, Walk ¼ R, Hold, Out, Out, In, In

1-2 Make ¼ R with RF FW, Hold (9:00)
3-4 Make ¼ R with RF FW, Hold (12:00)
5-6 RF to the R side, LF to the L side
7-8 RF to the center, LF next to RF

Smile and enjoy the dance

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