

# Sunday Morning Heart

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Laurent Chalon (BEL) - March 2020  
音樂: Sunday Morning Heart - Jon Langston



Intro : 16 Counts

## Section 1 : Cross, Side, Behind, Side Point, Cross, Side, Behind Side Cross

1            Cross LF over RF  
2            RF step to the right  
3            Cross LF behind RF  
4            RF Point to the right side  
5            Cross RF over LF  
6            LF step to the left  
7&8        Cross RF behind LF, LF step to the left, cross RF over LF

## Section 2 : Side Rock, Cross Shuffle, Side Rock, Cross, Side Point

1-2        Side Rock LF to the left, recover on RF  
3&4        Cross LF over RF, RF step to the right, Cross LF over RF  
5-6        Side Rock RF to the right side, recover on LF  
7            Cross RF over LF  
8            Point LF to the Left\*

\* Restart here wall 4

## Section 3 : Step Pivot ½ turn R, Shuffle Fwd, Rock Fwd ¼ turn R, Side Rock

1-2        LF step forward, Pivot ½ turn to the right 06:00  
3&4        LF Step forward, RF next to LF, LF step forward  
5-6        Rock forward RF, recover on LF with ¼ turn to the right 09:00  
7-8        Side Rock RF to the right, recover on LF

## Section 4 : Jazz Box, Rock Fwd, Coaster Step

1-4        Cross RF over LF, LF Step back, RF step to the right, LF step forward  
5-6        Rock forward RF, recover on LF  
7&8        RF step back, LF next to RF, RF step forward

**TAG: Rocking Chair**

**End wall 7**

1-2        Rock forward LF, Recover on RF  
3-4        Rock back LF, Recover on RF

Bonne danse...

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Last Update - 14 April 2021