

Stuck with U

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Gemma Ridyard (UK) - May 2020
音樂: Stuck with U - Ariana Grande & Justin Bieber



No Tags or Restarts

R Rock Hitch, sailor x2, behind sweep L, behind side cross rock replace, side

1 2 Rock R forward, replace weight to L as you hitch R knee
3&a Cross R behind L, step L to L, step R to R
4&a Cross L behind R, step R to R, step L to L
5 Cross R behind L as you sweep L from front to back
6&7 Cross L behind R, step R to R side, cross rock L over R
8& Replace weight to R, step L to L

1/8 turn L spiral, forward 1/2 back, back sweep X3, R coaster, spiral L, run, run

1 Turn an 1/8 turn L as you step L forward spiralling a full turn L, weight remains on R (10:30)
2&3 Step L forward, make a 1/2 turn L stepping R back, step L back sweeping R front to back (5:30)
4 5 Step R back sweeping L front to back, step L back sweeping R front to back
6&7 Step R back, step L next to R, step R forward as you spiral a full turn L keeping weight on R
8& Step L forward, step R forward

5/8 turn L sweep R, cross 1/4 1/4, cross rock side, back rock, sway, sway

1 Step L forward as you sweep R 5/8 turn L (12:00) *Option to reach both arms up over head.
2&3 Cross R over L, make a 1/4 turn R step L back, back a 1/4 turn R step R to R
4&5 Cross rock L over R, replace weight to R, step L to L
6&7 Cross rock R behind L, replace weight to L, step R to R
8& Sway hips L, sway hips R

Side back rock 1/4, step 1/2 step, 3x quarter paddles

12& Big side step L, cross rock R behind L, replace weight to L
3 Make a 1/4 turn R step R forward
4&5 Step L forward, pivot 1/2 turn R, step L forward
6&7& Make a 1/4 turn L rocking R foot to R, replace weight to L, Make a 1/4 turn L rocking R foot to R, replace weight to L,
8& Make a 1/4 turn L rocking R foot to R, replace weight to L (6.00)

Thank you for your continued support.

Happy Dancing, Love Gem XOXO