

# Burning It Up

COPPER KNOB  
BY STEPSHEETS

拍數: 48      牆數: 4      級數: Easy Intermediate - Funky  
編舞者: Sobrielo Philip Gene (SG) - May 2020  
音樂: BURNITUP! (feat. Missy Elliott) - Janet Jackson



Intro: From strong beat at 0.08 (48 counts) start @

## [1-8] WALK WALK OUT OUT IN IN KNEE POPS

1-2            Walk forward RF (1), walk forward LF (2)  
&3            Step RF to right (&) Step LF to left (3)  
&4            Step RF to center (&), step LF beside RF (4)  
5&            Pop knees out to respective side (5), bring knees back to center (&)  
6&            Pop knees out to respective side (6), bring knees back to center (&)  
7&            Pop knees out to respective side (7), bring knees back to center (&)  
8&            Pop knees out to respective side (8), bring knees back to center (&) (weight on LF)

Note: To make counts 5-8& easier lift heels up..

## [9-16] COASTER STEP, 1/2 TURN STEP, WALK FORWARD

1&2            Step RF back (1), step LF beside RF (&), step RF forward (2)  
3&4            Step LF forward (3), Turn 1/2 right (&), step LF forward (4)  
5-8            Walk forward RF (5), LF (6), RF (7), LF (8) (6:00)

Note: on counts 5-8 walk as funky as u can.

## [17-24] ROCK RECOVER STEP, COASTER CROSS, POINT TOUCH STEP, SAILOR 1/4 TURN

1&2            Rock forward RF (1), Recover weight onto LF (&), step RF back (2)  
3&4            Step LF back (3), step RF beside LF (&) cross LF over RF (4)  
5&6            Point RF to right (5), touch RF beside LF (&), step RF to right (6)  
7&8            Step LF back (7), making 1/4 left step RF to right (&) Step LF to left (8) (3:00)

## [25-32] KICK BALL POINT, KICK BALL POINT, 1/4 POINT, 1/4 POINT, KICK OUT OUT

1&2            Kick RF forward (1), step RF beside LF (&), point LF to left (2)  
3&4            Kick LF forward (&), step LF beside RF (&), point RF to right (4)  
5-6            1/4 left point RF to right (5), 1/4 left point RF to right (6)(9:00)  
7&8            Kick RF forward (7), step RF back (&), step LF to left (8)

Note: on counts 7&8 feet will be apart

## [33-40] SINGLE HIP, SINGLE HIP, DOUBLE HIPS R/L

1-2            Bump hip to right (1), bump hip to left (2)  
3-4            Bump hip to right twice (3-4)  
5-6            Bump hip to left (5), bump hip to right (6)  
7-8            Bump hip to left twice (7-8)

## [41-48] WALK WALK, PIVOT 1/2, 'V' STEP

1-2            Step forward RF (1), step forward LF  
3-4            Step forward RF (3) turn 1/2 left (4)  
5-8            Step RF forward to right (5), step LF forward to left (6), step RF back (7), step LF beside RF (8)(3:00)

Restarts on wall 4 (9:00) & 7 (12:00) , Dance up to section 4 (32 count at 6.00 and 9,00)

Tag: On wall 8 (16 counts), Dance the counts 47, on count 48 is the start of the tag below (front wall)

## [1-8]

1-4            Pop right knee forward & bring right hand up above head (1), hold for 3 counts (2-4)

5-8 Pop left knee forward & bring left hand up (5), hold for 3 counts (6-8)

**Note: Strong man pose on counts (1-8)**

1-4 Pop right knee forward & Place both hands to respective side (1), hold for 3 counts (2-4)

5-8 Pop left knee forward & and cross hand in front of chest (5) hold 3 counts (6-8)

**[9-16] Repeat above counts except on last count (16) jump and place feet together  
(check video for the Tag)**

**Ending: On wall 10, dance 15 counts of the dance, on count 16 make ¼ right stepping LF to left**

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