

# Burning It Up

**COPPER** KNOB  
STEPSHEETS

拍數: 48      牆數: 4      級數: Easy Intermediate - Funky  
編舞者: Sobrielo Philip Gene (SG) - May 2020  
音樂: BURNITUP! (feat. Missy Elliott) - Janet Jackson



**Intro: From strong beat at 0.08 (48 counts) start @**

## **[1-8] WALK WALK OUT OUT IN IN KNEE POPS**

- 1-2      Walk forward RF (1), walk forward LF (2)
- &3      Step RF to right (&) Step LF to left (3)
- &4      Step RF to center (&), step LF beside RF (4)
- 5&      Pop knees out to respective side (5), bring knees back to center (&)
- 6&      Pop knees out to respective side (6), bring knees back to center (&)
- 7&      Pop knees out to respective side (7), bring knees back to center (&)
- 8&      Pop knees out to respective side (8), bring knees back to center (&) (weight on LF)

**Note: To make counts 5-8& easier lift heels up..**

## **[9-16] COASTER STEP, 1/2 TURN STEP, WALK FORWARD**

- 1&2      Step RF back (1), step LF beside RF (&), step RF forward (2)
- 3&4      Step LF forward (3), Turn 1/2 right (&), step LF forward (4)
- 5-8      Walk forward RF (5), LF (6), RF (7), LF (8) (6:00)

**Note: on counts 5-8 walk as funky as u can.**

## **[17-24] ROCK RECOVER STEP, COASTER CROSS, POINT TOUCH STEP, SAILOR 1/4 TURN**

- 1&2      Rock forward RF (1), Recover weight onto LF (&), step RF back (2)
- 3&4      Step LF back (3), step RF beside LF (&) cross LF over RF (4)
- 5&6      Point RF to right (5), touch RF beside LF (&), step RF to right (6)
- 7&8      Step LF back (7), making 1/4 left step RF to right (&) Step LF to left (8) (3:00)

## **[25-32] KICK BALL POINT, KICK BALL POINT, 1/4 POINT, 1/4 POINT, KICK OUT OUT**

- 1&2      Kick RF forward (1), step RF beside LF (&), point LF to left (2)
- 3&4      Kick LF forward (&), step LF beside RF (&), point RF to right (4)
- 5-6      1/4 left point RF to right (5), 1/4 left point RF to right (6)(9:00)
- 7&8      Kick RF forward (7), step RF back (&), step LF to left (8)

**Note: on counts 7&8 feet will be apart**

## **[33-40] SINGLE HIP, SINGLE HIP, DOUBLE HIPS R/L**

- 1-2      Bump hip to right (1), bump hip to left (2)
- 3-4      Bump hip to right twice (3-4)
- 5-6      Bump hip to left (5), bump hip to right (6)
- 7-8      Bump hip to left twice (7-8)

## **[41-48] WALK WALK, PIVOT 1/2, 'V' STEP**

- 1-2      Step forward RF (1), step forward LF
- 3-4      Step forward RF (3) turn 1/2 left (4)
- 5-8      Step RF forward to right (5), step LF forward to left (6), step RF back (7), step LF beside RF (8)(3:00)

**Restarts on wall 4 (9:00) & 7 (12:00) , Dance up to section 4 (32 count at 6.00 and 9,00)**

**Tag: On wall 8 (16 counts), Dance the counts 47, on count 48 is the start of the tag below (front wall)**

## **[1-8]**

- 1-4      Pop right knee forward & bring right hand up above head (1), hold for 3 counts (2-4)

5-8 Pop left knee forward & bring left hand up (5), hold for 3 counts (6-8)

**Note: Strong man pose on counts (1-8)**

1-4 Pop right knee forward & Place both hands to respective side (1), hold for 3 counts (2-4)

5-8 Pop left knee forward & and cross hand in front of chest (5) hold 3 counts (6-8)

**[9-16] Repeat above counts except on last count (16) jump and place feet together  
(check video for the Tag)**

**Ending: On wall 10, dance 15 counts of the dance, on count 16 make ¼ right stepping LF to left**

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