

# Salt

拍數: 64      牆數: 4      級數: High Intermediate  
編舞者: Hiroko Carlsson (AUS) - May 2020  
音樂: Salt - Ava Max : (iTunes)



(16 counts intro)

**[S1] Kick Ball Cross, Toe Strut, Cross, Kick-Ball-Cross**

1 2 3      Kick diagonally right on R, Step R to the side, Cross L over R  
4 5 6      Step diagonally forward on R toe, Drop R heel on the floor, Cross L over R  
7&8      Kick diagonally right on R, Step R next to L, Cross L over R (12:00)

**[S2] 1/4L Back, Side, Fwd, 2x Tap Fwd, 2x Tap Side, &-Point**

1 2 3      Make a 1/4 turn left stepping back on R, Step L to the side, Step forward on R (9:00)  
4 5      Tap twice forward on L (weight on R)  
6 7      Tap twice L to the side (weight on R)  
&8      Step L next to R, Point R to the side

**[S3] Touch, 1/4R Fwd, 1/4R into Heel Up Sway, Side Shuffle into-Heel Up Sway-**

1 2      Touch/in R next to L, Make a 1/4 turn right stepping forward on R (12:00)  
3&4&      Make a 1/4 turn right stepping L to the side, R heel up in place, Replace weight on R, L heel up in place  
5&      Replace weight on L, R heel up in place  
6&7&      Side shuffle to the right R-L-R (6&7), L heel up in place (&)  
8&      Replace weight on L, R heel up in place  
-Use your hips to add personality-

**[S4] Heel Up Sway, Side Shuffle, Fwd, Fwd Rock, Coaster Step**

1&      Replace weight on R, L heel up in place  
2&3      Side shuffle to the left L-R-L  
4 5 6      Step forward on R, Rock forward on L, Recover weight on R  
7&8      Step back on L, Step R next to L, Step forward on L (3:00)

**[S5] Fwd, Fwd Rock, Back-Lock-Back, 1/2R Fwd, L Dorothy Step**

1 2 3      Step forward on R, Rock forward on L, Recover weight on R  
4&5      Step back on L, Lock across R over L, Step back on L  
6 7      Make a 1/2 turn right stepping forward on R, Step diagonally forward on L (9:00)  
8&      Lock R behind L, Step diagonally forward on L\*\*

**[S6] Side Rock-&-Step Pivot 1/2R, Side Rock-&-Step Paddle 1/4L**

1 2&      Rock R to the side, Recover weight on L, Step R next to L  
3 4      Step forward on L, Make a 1/2 turn right recover weight on R (3:00)  
5 6&      Rock L to the side, Recover weight on R, Step L next to R  
7 8      Step forward on R, Make a 1/4 turn left recover weight on L (12:00)

**[S7] Fwd, Kick, Out-Out, Back, 2x Cross Kick, Side Shuffle**

1 2      Step forward on R, Kick forward on L  
3 4      Step back on L, Step back on R (your feet should be shoulder width apart)  
5 6 7      Step back on L (5), Kick R across L twice (6 7)  
8&1      Side shuffle to the right R-L-R

**[S8] Rock Behind, 1/4L Shuffle Fwd, Step Pivot 1/2L, Quick Pivot 1/2L**

2 3            Rock L behind R, Recover weight on R  
4&5            Make a 1/4 turn left shuffle forward L-R-L (9:00)  
6 7            Step forward on R, Make a 1/2 turn left recover weight on L  
8&            Step forward on R, Make a 1/2 turn left recover weight on L

**Restart on Wall 5 count 40\*\* (9:00)**

**Ending:**

**Dance up to S8 count 4&5 then, 6 7 - Step forward on R (6:00), Make a 1/2 turn left recover weight on L (12:00), 8&1 - Run forward R-L-R**

**Please feel free to contact me if you need any further information. ([hirokoclinedancing@gmail.com](mailto:hirokoclinedancing@gmail.com))  
(updated: 19/May/20)**

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