

Between Dancers

COPPER KNOB
STEPSHEETS

拍數: 60
編舞者: Mark A. Smith (AUS) - 2000
音樂: In Between Dances - Pam Tillis

牆數: 2

級數: Intermediate / Advanced waltz



See note: # ct. 19

PLEASE NOTE: To commence every sequence you are required to perform a quick weight change from the L. Foot onto the R. Foot. This is accomplished by bringing the R. Foot in towards the L. Foot & stepping the L. Foot over in front the R. Foot.

[1-6] L. ACROSS, STEP R. 1/4 STEP L. FWD. FULL TRAVEL TURN

1-3 Step L. Foot across in front of R. Step R.. Onto R. Foot, Step L. Onto L. Foot with a 1/4 turn L.

PLEASE NOTE: The following 3 Steps are performed as you travel forward across the floor.

4-6 Step forward onto R. Foot, Step back onto L. Foot, as you turn a 1/2 turn R. Stepping forward onto R. Foot as you turn a 1/2 turn R.

[7-12] FWD. L.R. TOE SWEEP, FWD. ROCK, BCWD ROCK, 1/2 TURN R.

7-9 Step forward onto L. Foot, Sweep R. Foot. Toes in a half circle out to right side for 2 beats.

10-12 Rock forward onto R. Foot, Rock back L Foot. Pivot 1/2 Turn R. Stepping forward onto R.

[13-18] FWD. L., R TOE SWEEP, R ACROSS L., STEP BCWD. L., R. SLIDE TOG.

13-15 Step forward onto L. Foot, Sweep R. Toes in a half circle out to R. Side fore 2 beats.

16-18 Step R. Foot across in front of L. Step back at 45 degrees L. onto L. Foot. Slide R. Toes in beside L.

[19-24] BCWD. STEP 45 R., TOE DRAG, BCWD. STEP 45 L., TOE DRAG.

19-21 #Step back on R. Foot at 45 degrees R., Drag L. Foot in beside R. for 2 beats.

22-24 Step back onto L. Foot at 45 degrees L., Drag R. Foot in beside L. for 2 beats.

[25-30] R. 1 1/4 TURN TRAVELLING FWD, L. FULL TURN TRAVELLING FWD.

25-27 Turn a 1/4 Turn R. as you step R. onto R. Foot, Step back onto L. Foot as you turn a half turn R. Step forward onto R. Foot as you turn a 1/2 turn right.

28-30 Step forward onto L. Foot, Step back onto R. Foot as you turn a 1/2 turn L. Step forward onto L. Foot as you turn a 1/2 turn L.

[31-36] CROSS ROCK FWD, BCWD ROCK, BCWD STEP R. BWD R. VINE.

31-33 Rock forward onto R. Foot across in front of L. Rock back onto L. Foot, Step back R. at 45 degrees.

PLEASE NOTE: The following vine is performed as your travel backwards across the floor at 45 degrees R.

34-36 Step L. Foot across in front of R. Step back onto R. Foot. Step L. Foot across in front of R.

[37-42] R. 1 1/2 TURN TRAVELLING BCWD, FWD STEP LEFT., R. FOOT SWEEP UP.

PLEASE NOTE: The following vine is performed as you travel backwards across the floor at 45 degrees R.

37-39 Turn a 1/4 R. as you step R. onto R. Foot, turn a 1/2 turn R. as you step back onto L. Foot. Turn 3/4 turn R. as you step forward onto R. Foot. (now be facing 12.00)

40-42 Step forward onto L. Foot. Sweep R. Foot up in a slow circular lift for 2 beats.

[43-48] R. ACROSS, L. BCWD. STEP, R. 1/2 TURN, L. STEP FWD, R. TOE DRAG (2 Beats)

43-45 Step R. Foot across in front L., Step backwards onto L. Foot. Turn 1/2 turn L. as you step forwards onto R. Foot.

46-48 Step forward onto L. Foot Drag R. Toe in beside L. Foot for 2 beats.

[49-54] FWD ROCK R., BCWD ROCK L., TOG, L. ROCK, TOG.

49-51 Rock forward onto R. Foot, Rock back onto L. Foot, Step R. Foot in beside L.

52-54 Rock L onto L Foot, Rock R onto R. Foot, Step L. Foot in beside R.

[55-60] R. ROCK, L. ROCK, TOG, BCWD STEP L. HOLD.

55-57 Rock R onto R. Foot, Rock L onto L, Foot, Step R Foot in beside L.

58-60 Step back on to L. Foot, Hold R Foot out at 45 degrees R. for 2 beats.

BEGIN AGAIN AT STEP #1 IN THE OPPOSITE DIRECTION.

Choreographers Note: Towards the end of the music, the second last sequence, the music will slow down and stop for several seconds. This is at the very end of the last sequence.

Hold the originally start position with the R. Foot out at 45 degree angle R. and then commence dancing again when the word "IN" is said when the artist starts singing again.

When you commence the dance again you will move slightly slower than the original beat until you hit STEP #19 where you will once again pick up the original count.

It will take several practices of dancing to the music to get the correct phrasing of beat and music.

Submitted by Wanda Heldt: silverstarwa@gmail.com
