Sinnin With You

級數: Intermediate NC

編舞者: Sarah Fröhlich (DE) - May 2020

音樂: Sinning with You - Sam Hunt

Start the dance after 8 count.

拍數: 32

[1-8] SLIDE-BOX INTO BASIC, ½ TURN R, SIDE, CROSS, SIDE, SWAY 2X

- 1 weight is on L Ball and push RF to the side
- & weight is on R Ball make a ¹/₄ Turn L and push LF to the side
- 2 weight is on L Ball make a ¼ Turn L and push RF to the side
- & weight is on R Ball make a ¹/₄ Turn L and push LF to the side
- 3 weight is on L Ball make a ¼ Turn L and push RF to the side
- 4& LF step together, RF cross over LF
- 5,6& LF ¼ Turn R step backwards, RF ¼ Turn R step right, LF cross over
- 7,8& RF step right, sway to the left, sway to the right

[9-16] ¼ Turn L SWEEP, CROSS, SIDE, BEHIND SWEEP, CROSS, SIDE, STEP SWEEP, STEP SWEEP, STEP SWEEP, CROSS ROCK

- 1, LF ¼ Turn L step forward and sweep RF from back to front
- 2& RF cross over LF, LF step left
- 3 RF cross behind LF and sweep LF from front to back
- 4& LF cross behind RF, RF step right
- 5 LF step forward sweep RF from back to front
- 6 RF step forward sweep LF from back to front
- 7 LF step forward sweep RF from back to front
- 8& RF cross over LF, recover on LF

[17-24] FULL DIAMOND

- 1,2& RF step right, LF 1/8 Turn L step backwards, RF step backwards
- 3,4& LF 1/8 Turn L step left, RF 1/8 Turn L step forward, LF step forward
- 5,6& RF 1/8 Turn L step right, LF 1/8 Turn L step backwards, RF step backwards
- 7,8& LF 1/8 Turn L step left, RF 1/8 Turn L step forward, LF step forward

[25-32] 1/8 TURN BASIC, SIDE, FULL SPIRAL TURN, CROSS, HITCH, SIDE, ROCK STEP, SIDE, BEHIND-SIDE-CROSS

- 1,2& RF 1/8 Turn L step right, LF step together, RF cross over LF
- 3& LF step left, Spiral full Turn on LF
- 4& RF cross over LF, LF hitch
- 5,6& LF step left, RF step backwards, recover on LF
- 7& RF step right, LF cross behind RF
- 8& RF step right, LF cross over RF

Tag: After the 2nd wall dance following Tag.

[1-8] BASIC, ½ TURN R, SIDE, CROSS OVER, X2

- 1,2& RF step to the right, LF step together, RF cross over LF 3,4& LF ¼ Turn R, step backwards, RF ¼ Turn R, step R (12.00), LF Cross over RF
- 5,6& RF step to the right, LF Step together & RF Cross over LF
- 7,8& LF ¼ Turn R, step backwards, RF ¼ Turn R, step R (6.00) & LF Cross over RF

Then start the dance from the top. Have fun and be happy!





牆數:

牆數:4