

Jonas X

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Christina Yang (KOR) - May 2020
音樂: X (feat. KAROL G) - Jonas Brothers



Type: Latin-tinged blend of Dance pop
Start the dance after 16 counts

SECTION 1: (SIDE TOUCH, STEP) WITH HAND STYLING, (SIDE TOUCH, TOUCH) WITH HAND STYLING, (SIDE ROCK, RECOVER) WITH HIP ROLLING X 2

- 1-2 Touch RF to side (turn your both wrists inward and outward), step RF in place (turn your both wrists inward and outward)
3-4 Touch LF to side (push your both hands lower down), touch LF in place (push your both hands lower down)
5-8 (Rock LF and rolling hip anticlockwise, recover on RF and pushing hip to R side) x 2

SECTION 2: 1/4 TURN TO L WITH FORWARD, FORWARD, FORWARD SHUFFLE, (1/4 TURN TO L WITH SIDE TOUCH, RECOVER AND BESIDE TOUCH) X 2

- 1-2 1/4 turn to L stepping LF forward, step RF forward
3&4 Step LF forward, close RF next to LF, step LF forward
5-8 (1/4 turn to L touching RF to R side, recover on LF and touch RF beside LF) x 2

SECTION 3: SAMBA STEP X 2, FORWARD, FORWARD ROCK, RECOVER, 1/4 TURN TO L WITH SIDE, CROSS

- 1&2 Cross RF over LF, rock LF to L side, recover on RF
3&4 Cross LF over RF, rock RF to R side, recover on LF
5-6& Step RF forward, rock LF forward, recover on LF
7-8 1/4 turn to L stepping LF side, cross RF over LF

SECTION 4: SIDE MAMBO(L,R), FORWARD MAMBO, HITCH, BACKWARD ROCK, RECOVER

- 1&2 Rock LF to L side, recover on RF, close LF next to RF(weight on LF)
3&4 Rock RF to R side, recover on LF, close RF next to LF(weight on RF)
5&6& Rock LF forward, recover on LF, step LF backward, hitch RF
7-8 Rock RF backward, recover on LF

(When you start the next wall, you should 1/4 turn to L)

RESTART: On the 4th wall, you will dance to 16 counts and start again

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