

Be Happy

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Donna York (USA) - May 2020
音樂: Happy Does - Kenny Chesney



Intro: 16 count – One tag and Restart

RUMBA BOX SHUFFLE

1-2 Step side left, step right next to left
3&4 Shuffle forward L-R-L
5-6 Step side right, step left next to right
7-8 Shuffle back R-L-R

LINDY LEFT, LINDY RIGHT

1&2 Left shuffle to left L-R-L
3-4 Rock right back, recover to left
5&6 Right shuffle to right R-L-R
7-8 Rock left back, recover to right

STEP FWD TAP BACK KICK, SHUFFLE BACK. COASTER STEP

1-4 Step fwd left, tap right beside left foot, step right back, low kick left fwd
5&6 Shuffle back L-R-L
7&8 Step back right, step back left next to right, step forward right

CROSS ROCK TO RIGHT TRIPLE, CROSS ROCK TO LEFT TRIPLE TURN LEFT

1-2 Cross left over right, recover to right
3&4 Triple step L-R-L
5-6 Cross right over left, recover turn to 9:00
7&8 Triple step R-L-R

Tag and restart: Wall 7, (6:00), dance first 8 counts then 4 count hip bumps L, R, L, R then restart dance.

Last Update: 3 Aug 2024