Who Has Changed ?

級數: Intermediate

編舞者: Angéline Fourmage (FR) & Maryse Fourmage (FR) - May 2020

音樂: Who (feat. BTS) - Lauv

Sequence : A-A (22 counts) -A-A-A-A-A-A

Start : On the lyrics (approximately 10sec)

[1-6] Step, Kick, Hold, Coaster-Cross ¼ R

- 1-2 LF FW, R kick FW
- 3-4 Hold, RF back

拍數: 48

5-6 LF next to RF, Make ¼ R with RF cross over LF

[7-12] Rock Step, ¼ R, Sweep ¼ R

- 1-2 LF to L side, Hold
- 3-4 Hold, Recover to RF with ¼ R
- 5-6 Sweep LF from back to the front, continue the L sweep with ¼ R

[13-18] Twinkle, Diamont 1/8 R

- 1-2 Cross LF over RF, RF to the R side
- 3-4 LF FW on L diagonal, Cross RF over LF
- 5-6 LF to the L side, Make 1/8 R with RF Back

[19-24] Diamont 1/8R, Press, Kick, Hold

- 1-2 LF Back, RF to the R side with 1/8R
- 3-4 Cross LF over RF, Press RF on R diagonal* (For the restart make R stomp and hold)
- 5-6 Recover to the LF with R kick FW, Hold

[25-30] Weave, Sway

- 1-2 Cross RF behind LF, LF to the L side
- 3-4 Cross RF over LF, LF to the L side with L Sway
- 5-6 Hold, Hold

[31-36] Sway, Sweep, Weave 1/4 R

- 1-2 R Sway, Hold
- 3-4 L Sweep from front to the back, Cross LF behind RF
- 5-6 Make ¼ R with RF FW, LF FW

[37-42] Rock-Step, Recover

- 1-2 RF FW, Hold
- 3-4 Hold, Recover to LF
- 5-6 Hold, Hold

[43-48] Coaster-step, Cross ¼ L, Back ¼ L, Kick ¼ L

- 1-2 RF back, LF next to RF
- 3-4 RF FW, Cross LF over RF with ¼ L
- 5-6 Make ¼ L with RF back, L Kick to the L side with ¼ L

Smile and enjoy the dance - Contact : maellynedance@gmail.com





牆數:2