Just be happy (欢喜就好)



編舞者: Katherine Lee (SG) - May 2020

音樂: 欢喜就好 - 陈雷

Intro: 6x8

* for our stay home friends with space constraint at home.*

Starts with our Right Foot / 1 Tag.

* Tag: 4 counts tag at the end of Wall 7 - repeat the last 4 counts of Section 4.

S1: Point forward, point side, behind, side, cross

123&4 RF point forward, RF point to the side, RF cross behind LF, LF side, RF cross 567&8 LF point forward, RF point to the side, LF cross behind RF, RF side, LF cross.

S2: (Cross, point) x 2, rock forward, ½ Right turn forward shuffle

1234 RF cross, LF point to the side, LF cross, RF point to the side, 567&8 RF rock forward, LF recover, RF ½ R-turn forward shuffle (6:00)

S3: (Cross, point) x 2, forward, pivot ½ Right turn, forward shuffle

1234 LF cross, RF point to the side, RF cross, LF point to the side,

567&8 LF forward, pivot ½ R-turn(12:00), LF forward shuffle.

S4: K-steps, Shimmies

12 RF step forward to right diagonal, LF touch next to RF, 34 LF step forward to left diagonal, RF touch next to LF,

5678 RF slightly step forward, body lean forward shimmy, body lean back shimmy.

Keep Active! Keep Dancing! HappyfitLDG2020@hotmail.com